

# Instructional Table Tennis Program



## Resident Lifestyle Group Event

**Table Tennis 101, Part 1 & Part 2, are instructional sessions to teach DOUBLES in Table Tennis. These sessions are taught by experienced Resident Volunteers. Sessions are offered monthly and are free.**

**To Register:** Residents may register in-person at any Regional Recreation Center or online at:

[www.DistrictGov.Org/Recreation](http://www.DistrictGov.Org/Recreation)

For more information contact:  
**Joan@TableTennisCommunity.com**

| Class         | Location    | Day       | Dates         | Time           |
|---------------|-------------|-----------|---------------|----------------|
| TT-101-Part 1 | Ezell       | Thursday  | Oct. 8, 2026  | 10:30-11:50 am |
| TT-101-Part 2 | Ezell       | Thursday  | Oct 15, 2026  | 10:30-11:50 am |
| TT-101-Part 1 | La Hacienda | Wednesday | Nov. 11, 2026 | 11:30-12:50 pm |
| TT-101-Part 2 | La Hacienda | Wednesday | Nov. 18, 2026 | 11:30-12:50 pm |
| TT-101-Part 1 | Ezell       | Thursday  | Dec. 10, 2026 | 10:30-11:50 am |
| TT-101-Part 2 | Ezell       | Thursday  | Dec 17, 2026  | 10:30-11:50 am |

**TT-101 Part 1:** Perfect for beginners and anyone looking to brush up on the basics! We'll cover essential rules, legal serving, keeping score, and finding places to play around The Villages. After a few quick demos, you'll spend most of the time at the table playing games with volunteers and fellow players.

**TT-101 Part 2:** Intended for players that have taken Part 1 and spent time playing the game. **Part 2** will focus on table tennis strokes, spin, court positioning and doubles teamwork and movement. We will finish the session with some match play — a great way to test your skills and make new friends at the tables.