

The Villages®
Community Development Districts
Recreation & Parks



Colony Cottage Sports Pool
Spring/Summer 2019 (April 1, 2019 - September 30, 2019)

	7-7:50a	8-8:50a	9-9:50a	10-10:50a	11-11:50a	12-12:50p	1-1:50p	2-2:50p	3-3:50p	4-4:50p	5-5:50p	6-6:50p	7-7:50p	8-Dusk
Monday	Combo Swim	Combo Swim	Julie's Water Aerobics	Combo Swim	Pat's Water Aerobics	Combo Swim	WVB Adv. 1 (3 cts) ** WVB Adv. 2 (3 cts) **	Swim Fit	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Tuesday	Combo Swim	Combo Swim	Michael's Water Aerobics	Triathlon	Combo Swim	Combo Swim	WVB Adv. 1 (3 cts) ** WVB Adv. 2 (3 cts) **	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Wednesday	Combo Swim	Combo Swim	Meryle's Water Aerobics	Lap Swim	Lap Swim	Lap Swim	WVB Adv. 1 (3 cts) ** WVB Adv. 2 (3 cts) **	Water Volleyball Organized Basic	Combo Swim	Combo Swim	Connie's Water Aerobics	Combo Swim	Combo Swim	Combo Swim
Thursday	Combo Swim	Combo Swim	Diane's Water Aerobics	Triathlon	Pat's Water Aerobics	Combo Swim	WVB Adv. 1 (3 cts) ** WVB Adv. 2 (3 cts) **	Swim Fit	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Friday	Combo Swim	Combo Swim	Ron's/Donna's Water Aerobics	Lap Swim	Lap Swim	Lap Swim	WVB Adv. 1 (3 cts) ** WVB Adv. 2 (3 cts) **	102/103 WVB		Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Saturday	Combo Swim	Combo Swim	Lori's Water Aerobics	Combo Swim	Combo Swim	Open Exercise	WVB Adv. 1 (3 cts) ** WVB Adv. 2 (3 cts) **	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Sunday	Combo Swim	Combo Swim	Combo Swim	Triathlon Combo	Combo Swim	Combo Swim	WVB Adv. 1 (3 cts) ** WVB Adv. 2 (3 cts) **	Combo Swim	Swim Stroke	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim

Phone: 750-1935 See Page 3 for sports pool guidelines & definitions of activities. All activities start on the hour and end 10 minutes before the next hour. Pool hours and activities subject to last-minute changes. Changes will be posted at the pool and in the recreation center. All Water Volleyball activities are Co-ed unless otherwise noted. A lifestyle ambassador and/or staff member will help to form a line, outside the pool area, prior to the activity start time. The location of the line may vary from center to center. Requests for additional programming will be accepted in **August 2019 for the fall/winter session (October 1, 2019 - March 31, 2020)**. All sports pool are for **residents only age 30 & older** - please bring your Villages ID card. If you are interested in volunteering to lead a sports pool resident lifestyle activity please see the Recreation Facilities Manager at your nearest regional recreation center.

****Sign-up required: for information visit www.villagesvolleyball.com**

The Villages®
Community Development Districts
Recreation



Eisenhower Sports Pool

Spring/Summer 2019

April 1, 2019 thru September 30, 2019

	7-7:50a	8-8:50a	9-9:50a	10-10:50a	11-11:50a	12-12:50p	1-1:50p	2-2:50p	3-3:50p	4-4:50p	5-5:50p	6-6:50p	7-7:50p	8-Dusk
Monday	Combo Swim	Combo Swim	Jean's Aerobics+	Combo Swim	WVB Org Basic (3 cts)		WVB Org Int		WVB Open Group		Combo Swim	Combo Swim	Combo Swim	Combo Swim
Tuesday	Combo Swim	Combo Swim	Step-Ladder Aerobics	Combo Swim	WVB Org Int				Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Wednesday	Combo Swim	Combo Swim	Perry's Water Exercise	Combo Swim	WVB Open Group				WVB Open Group		Combo Swim	Combo Swim	Combo Swim	Combo Swim
Thursday	Combo Swim	Combo Swim	Step It Up Aerobics	Combo Swim	WVB Org Int		Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Friday	Combo Swim	Combo Swim	Step It Up Aerobics	Combo Swim	WVB Org Basic (3 cts) WVB Open Group (3 cts)		WVB Org Int		WVB Open Group		Combo Swim	Combo Swim	Combo Swim	Combo Swim
Saturday	Combo Swim	Combo Swim	Combo Swim	WVB Open Group			Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Sunday	Combo Swim	Combo Swim	Lynn's Water Aerobics	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	WVB Open Group		Combo Swim	Combo Swim	Combo Swim	Combo Swim

Phone: 674-8390 See Page 3 for sports pool guidelines & definitions of activities. All activities start on the hour and end 10 minutes before the next hour. Pool hour and activities subject to last-minute changes. Changes will be posted at the pool and recreation center. All Water Volleyball activities are Co-ed unless otherwise noted. A lifestyle ambassador and/or staff member will help to form a line, outside the pool area, prior to the activity start time. The location of the line may vary from center to center. Requests for additional programming will be accepted in August 2019 for the fall/winter session (October 1, 2019 - March 31, 2020). All sports pools are for residents only age 30 & older - please bring your Villages ID card. If you're interested in volunteering to lead a sports pool resident lifestyle activity please see the Recreation Facilities Manager at your nearest regional recreation center.

The Villages®

Community Development Districts

Recreation



La Hacienda Sports Pool

Spring/Summer 2019 (April 1 - September 30)

	7-7:50a	8-8:50a	9-9:50a	10-10:50a	11-11:50a	12-12:50p	1-1:50p	2-2:50p	3-3:50p	4-4:50p	5-5:50p	6-6:50p	7-7:50p	8p-Dusk	
Monday	Combo Swim	Women's Water Exercise	Betsy Richard Women	Virgil Pates Water Buffalo (Men)	Anna Larsen Coed Aerobics	Open Exercise/Walk	Water Volleyball Org Inter. (2 cts) Open Group Water Volleyball (2 cts)		Combo Swim	Combo Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
Tuesday	Combo Swim	Combo Swim	Jeanne Marcianti Coed Aerobics	Nancy Wischmeier Women Aerobics	Darlene Hemingway Women Exercise	Bill Stuart Range&MotionCoed	Aqua Rhythms Women	Aqua Rhythms Women	Water Volleyball Org Intermediate			Combo Swim	Combo Swim	Combo Swim	Combo Swim
Wednesday	Combo Swim	Women's Water Exercise	Betsy Richard Pink Saints (Women)	Virgil Pates Water Buffalo (Men)	Anna Larsen Coed Aerobics	Open Exercise/Walk	Water Volleyball Org Inter. (2 cts) Open Group Water Volleyball (2 cts)		Combo Swim	Water Exercise	Water Volleyball Org Intermediate		Water Volleyball Org Intermediate		
Thursday	Combo Swim	Combo Swim	Jeanne Marcianti Coed Aerobics	Nancy Wischmeier Women Aerobics	Darlene Hemingway Women Exercise	Bill Stuart Range&MotionCoed	Aqua Rhythms Women	Aqua Rhythms Women	Water Volleyball Org Intermediate			Combo Swim	Combo Swim	Combo Swim	Combo Swim
Friday	Combo Swim	Women's Water Exercise	Betsy Richard Pink Saints (Women)	Virgil Pates Water Buffalo (Men)	Anna Larsen Coed Aerobics	Open Exercise/Walk	Water Volleyball Org Inter. (2 cts) Open Group Water Volleyball (2 cts)		Combo Swim	Water Exercise	Water Volleyball Org Intermediate		Water Volleyball Org Intermediate		
Saturday	Combo Swim	Combo Swim	Jeanne Marcianti Coed Aerobics	Nancy Wischmeier Women Aerobics	Darlene Hemingway Women Exercise	Bill Stuart Range&MotionCoed	Combo Swim	Combo Swim	Water Volleyball Org Intermediate			Combo Swim	Combo Swim	Combo Swim	Combo Swim
Sunday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Lap Swim	Lap Swim	Water Volleyball Org. Basic - 2 cts.		Combo Swim	Combo Swim	Combo Swim	Combo Swim	

Phone: 753-1716 See Page 3 for sports pool guidelines. All activities start on the hour and end 10 minutes before the next hour. Pool hour and activities subject to last-minute changes. Changes will be posted at the pool and recreation center. All Water Volleyball activities are Co-ed unless otherwise noted. A lifestyle ambassador and/or staff member will help to form a line, outside the pool area, prior to the activity start time. The location of the line may vary from center to center. Requests for additional programming will be accepted in August 2019 for the fall/winter session (October 1, 2019 - March 31, 2020). All sports pool are for residents only age 30 & older - please bring your Villages ID card. If you are interested to volunteer to lead a sports pool resident lifestyle activity please see the Recreation Facilities Manager at your nearest regional recreation center.

****Sign-up required, for information visit www.villagesvolleyball.com**

The Villages®
Community Development Districts
Recreation & Parks



Lake Miona Sports Pool

Spring/Summer 2019 (April 1 - September 30)

	7-7:50a	8-8:50a	9-9:50a	10-10:50a	11-11:50a	12-12:50p	1-1:50p	2-2:50p	3-3:50p	4-4:50p	5-5:50p	6-6:50p	7-7:50p	8p-Dusk
Monday	Combo Swim	Combo Swim	Linda Linkus Aerobics	Combo Swim	Combo Swim	Combo Swim	WVB Org Int		Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Tuesday	Lap Swim	Lap Swim	Sharon Cangelosi Aerobics	Barb & Linda's Aerobics	Synchronized floating / Open Exercise & Walk		WVB Org Int		Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Wednesday	Combo Swim	Combo Swim	Linda Linkus Aerobics	Aqua - SHYNE	Open Exercise / Walk		WVB Org Int		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
Thursday	Lap Swim	Lap Swim	Sharon Cangelosi Aerobics	Barb & Linda's Aerobics	Synchronized floating / Open Exercise & Walk		WVB Org Int		WVB Open Group Play		Lap Swim	Lap Swim	Lap Swim	Lap Swim
Friday	Lap Swim	Lap Swim	Linda Linkus Aerobics	Open Exercise / Walk	Combo Swim	Combo Swim	WVB Org Int		Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Saturday	Combo Swim	Combo Swim	Sharon Cangelosi Aerobics	Barb & Linda's Aerobics	Open Exercise / Walk		WVB Org Int		Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Sunday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Sterling SHYNE	Exercise / Walk	WVB Org Int		WVB Open Group Play		Combo Swim	Combo Swim	Combo Swim	Combo Swim

Phone: 430-2950 See Page 3 for sports pool guidelines & definitions of activities. All activities start on the hour and end 10 minutes before the next hour. Pool hour and activities subject to last-minute changes. Changes will be posted at the pool and recreation center. All Water Volleyball activities are Co-ed unless otherwise noted. A lifestyle ambassador and/or staff member will help to form a line, outside the pool area, prior to the activity start time. The location of the line may vary from center to center. Requests for additional programming will be accepted in August 2017 for the fall/winter session (October 1, 2017 - March 31, 2018). All sports pool are for residents only age 30 & older - please bring your Villages ID card. If you're interested in volunteering to lead a sports pool resident lifestyle activity please see the Recreation Facilities Manager at your nearest regional recreation center.



Effective 4-1 to 7-21

Laurel Manor Sports Pool

Spring Summer 2019 (April 1 - September 30)

Revised 2/20/19

	7-7:50a	8-8:50a	9-9:50a	10-10:50a	11-11:50a	12-12:50p	1-1:50p -2:50	3-3:50p	4-4:50p	5-5:50	6-6:50p	7-7:50p	8p-Dusk
Monday	Lap Swim	Lap Swim	Combo Swim	Jan/Nan Water Aerobics	Becky D. Deep Water Bootcamp	Combo Swim	WVB Org. Int	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Lap Swim
Tuesday	Lap Swim	Lap Swim	Combo Swim	Debbie L. Cardio Spin	Becky D. Deep Water Bootcamp	Sharon L. Int. Deep Water Aerobics	Aquatic Dancers	Combo Swim	Combo Swim	Combo Swim	WVB Org. Int		Lap Swim
Wednesday	Lap Swim	Lap Swim	Combo Swim	Jan/Nan Water Aerobics	Becky D. Deep Water Aerobics	Combo Swim	WVB Org. Int	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Lap Swim
Thursday	Lap Swim	Lap Swim	Combo Swim	Debbie L. Cardio Spin	open exercise	Sharon L. Int. Deep Water Aerobics	Aquatic Dancers	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Lap Swim
Friday	Lap Swim	Lap Swim	Combo Swim	Jan/Nan Water Aerobics	Becky D. Deep Water Aerobics	Combo Swim	WVB Org. Int	combo swim	Combo Swim	Combo Swim	Combo Swim	Lap Swim	Lap Swim
Saturday	Lap Swim	Lap Swim	Combo Swim	Debbie L. Fit & Float	open exercise	Sharon L. Int. Deep Water Aerobics	WVB Org. Int	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Lap Swim	Lap Swim
Sunday	Lap Swim	Lap Swim	Lap Swim	Combo Swim	Combo Swim	Combo Swim	WVB Org. Int		Combo Swim	Combo Swim	Combo Swim	Lap Swim	Lap Swim

Phone: 751-7110 See Page 3 for sports pool guideline & definitions of activities. All activities start on the hour and end 10 minutes before the next hour. Pool hour and activities subject to last minute changes. Changes will be posted at the pool and rec. centers. All Water Volleyball activities are co-ed unless otherwise noted. A lifestyle ambassador and/or staff will help to form a line, outside the pool area, prior to the activity start time. The location of the line may vary from center to center. Request for additional programming will be accepted in February 2019 for the spring/summer session (April 1 - Sept. 30, 2019). All sports pools are for residents ONLY age 30 and older. Please bring your Villages ID cards at all times. If you are interested in volunteering to lead a sports pool resident lifestyle activity please see the Recreation Facilities Manager at your nearest regional rec. center. resident lifestyle activity please see the Recreation Facilities Manager at your nearest regional rec. center.

All Activities start on the hour and end 10 minutes before the next hour unless otherwise noted



Mulberry Grove Sports Pool

Spring/Summer 2019 (April 1 - September 30)

	7-7:50a	8-8:50a	9-9:50a	10-10:50a	11-11:50a	12-12:50p	1-1:50p	2-2:50p	3-3:50p	4-4:50p	5-5:50p	6-6:50p	7-7:50p	8p-Dusk
Monday	Combo Swim	Combo Swim	Combo Swim	Diann Aerobics	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	INT WVB		Combo Swim
Tuesday	Combo Swim	Jerry and Diana Water Aerobics	Jerry and Diana Water Aerobics	VAST	VAST	VAST	INT WVB		Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Wednesday	Combo Swim	Combo Swim	Combo Swim	Diann Aerobics	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	INT WVB		Combo Swim
Thursday	Combo Swim	Jerry and Diana Water Aerobics	Jerry and Diana Water Aerobics	VAST	VAST	VAST	INT WVB		Combo Swim	Combo Swim	Combo Swim	Combo Swim	Lap Swim	Lap Swim
Friday	Lap Swim	Lap Swim	VAST	VAST	Patti's Aerobics	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Saturday	Combo Swim	Jerry and Diana Water Aerobics	Jerry and Diana Water Aerobics	VAST	VAST	VAST	INT WVB		Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Sunday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Reserved for Pool Parties					Combo Swim

Phone: 259-6040

Pool hour and activities subject to last-minute changes. Changes will be posted at the pool and recreation center. All Water Volleyball activities are Co-ed unless otherwise noted. A lifestyle ambassador and/or staff member will help to form a line, outside the pool area, prior to the activity start time. The location of the line may vary from center to center. Requests for additional programming will be accepted in August 2019 for the fall/winter session (Oct. 1, 2019 - March 31, 2020). All sports pool are for residents only age 30 & older - please bring your Villages ID card. If you are interested in volunteering to lead a sports pool resident lifestyle activity, please see the Recreation Facilities Manager at your nearest Regional Recreation Center.

The Villages®
Community Development Districts
Recreation & Parks



Rohan Sports Pool

Spring/Summer 2019 (April 1 - September 30)

	7-7:50	8-8:50	9-9:50	10-10:50	11-11:50	12-12:50	1-1:50	2-2:50	3-3:50	4-4:50	5-5:50	6-6:50	7-7:50	8-Dusk
Monday	Combo Swim	Combo Swim	*The Enrichment Academy	Open Exercise/ALTS*	Rock & Roll Aerobics	Open Exercise	WVB Org. Intermediate		Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Tuesday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	WVB Open Basic (3)/ WVB Open Group (3)		WVB Open Group		WVB Open Group		Combo Swim	Combo Swim	Combo Swim	Combo Swim
Wednesday	Combo Swim	Combo Swim	*The Enrichment Academy	Open Exercise/ALTS*	WVB Open Group		WVB Org. Intermediate	Aqua Stretch & Strength	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Thursday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Donna's Water Aerobics	WVB Open Group			Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Friday	Combo Swim	Combo Swim	Combo Swim/ *ALTS Practice	Open Exercise/ALTS*	WVB Open Basic (3)/ WVB Open Group (3)		WVB Open Group			VAST		Combo Swim	Combo Swim	Combo Swim
Saturday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	WVB Open Group			Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Sunday	Combo Swim	VAST		Aqua Zumba	Combo Swim	Combo Swim	Combo Swim	Combo Swim	WVB Open Group		Combo Swim	Combo Swim	Combo Swim	Combo Swim

Phone: 674-8400 See Page 3 for sports pool guidelines & definitions of activities. All activities start on the hour and end 10 minutes before the next hour. Pool hour and activities subject to last-minute changes. Changes will be posted at the pool and recreation center. All Water Volleyball activities are Co-ed unless otherwise noted. A lifestyle ambassador and/or staff member will help to form a line, outside the pool area, prior to the activity start time. The location of the line may vary from center to center. Requests for additional programming will be accepted in August 2019 for the fall/winter session (October 1, 2019 - March 31, 2020). All sports pool are for residents only age 30 & older - please bring your Villages ID card. If you're interested in volunteering to lead a sports pool resident lifestyle activity please see the Recreation Facilities Manager at your nearest regional recreation center.

***The Enrichment Academy - sign up is required, Session runs from April 15th to May 15th**

***ALTS - Adult Learn to Swim Clinic - sign up is required - Dates are:**

***ALTS Practice - Adult Learn to Swim Practice - lanes designated for participants for continued education/practice**

The Villages®

Community Development Districts

Recreation & Parks



Savannah Sports Pool

Spring/Summer 2019 (April 1 - September 30)

	7-7:50a	8-8:50a	9-9:50a	10-10:50a	11-11:50a	12-12:50p	1-1:50p	2-2:50p	3-3:50p	4-4:50p	5-5:50p	6-6:50p	7-7:50p	8p-Dusk
Monday	Open Exercise	Diana Matusiak Water Aerobics	Critters Water Aerobics	Helen Starost Water Aerobics	Finlayson Water Aerobics	WVB Org. Int		Nicholas DiGiore Water Aerobics	Combo Swim	Combo Swim	WVB Org. Int / Open Exercise			
Tuesday	Combo Swim	Lap Swim	Critters Water Aerobics	Helen Starost Water Aerobics	Combo Swim	Carol Longo Water Aerobics	Combo Swim	WVB Org. Int		Combo Swim	Open Exercise	Open Exercise	Open Exercise	Open Exercise
Wednesday	Open Exercise	Diana Matusiak Water Aerobics	Critters Water Aerobics	Helen Starost Water Aerobics	Finlayson Water Aerobics	WVB Org. Int		Nicholas DiGiore Water Aerobics	Combo Swim	Combo Swim	Open Exercise	Open Exercise	Open Exercise	Open Exercise
Thursday	Combo Swim	Combo Swim	Critters Water Aerobics	Helen Starost Water Aerobics	Open Exercise	Carol Longo Water Aerobics	Combo Swim	WVB Org. Int		Lap Swim	Open Exercise	Open Exercise	Open Exercise	Open Exercise
Friday	Open Exercise	Diana Matusiak Water Aerobics	Critters Water Aerobics	Helen Starost Water Aerobics	Finlayson Water Aerobics	WVB Org. Int		Nicholas DiGiore Water Aerobics	Combo Swim	Combo Swim	WVB Org. Int / Open Exercise			
Saturday	Combo Swim	Combo Swim	Critters Water Aerobics	Combo Swim	Combo Swim	Mills Qualls Water Aerobics	Splish Splash Beachball Volley / Open Exercise		WVB Org. Int		Open Exercise	Open Exercise	Open Exercise	Open Exercise
Sunday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Lap Swim	WVB Org. Int			Combo Swim	Combo Swim	WVB Org. Int / Open Exercise			

Phone: 750-1507. See Page 3 for sports pool guidelines & definitions of activities. All activities start on the hour and end 10 minutes before the next hour. Pool hours and activities subject to last-minute changes. Changes will be posted at the pool and recreation center. All Water Volleyball activities are Co-ed unless otherwise noted. A lifestyle ambassador and/or staff member will help to form a line, outside the pool area, prior to the activity start time. The location of the line may vary from center to center. Requests for additional programming will be accepted in August 2019 for the fall/winter session (Oct. 1, 2019 - March 31, 2020). All sports pools are for residents only age 30 & older - please bring your Villages ID card. If you are interested in volunteering to lead a sports pool resident lifestyle activity, please see the Recreation Facilities Manager at your nearest Regional Recreation Center.

The Villages®

Community Development Districts

Recreation & Parks



SeaBreeze Sports Pool

Spring/Summer 2019

April 1st 2019 thru September 30th 2019

7-7:50a 8-8:50a 9-9:50a 10-10:50a 11-11:50a 12-12:50p 1-1:50p 2-2:50p 3-3:50p 4-4:50p 5-5:50p 6-6:50p 7-7:50p 8p-Dusk

	7-7:50a	8-8:50a	9-9:50a	10-10:50a	11-11:50a	12-12:50p	1-1:50p	2-2:50p	3-3:50p	4-4:50p	5-5:50p	6-6:50p	7-7:50p	8p-Dusk
Monday	Combo Swim	Combo Swim	Noodling Aerobics	Open Exercise	Open Exercise	Aqua Shyne		Open Exercise	* Enrichment Academy	* Enrichment Academy	Combo Swim	WVB Org Basic		Combo Swim
Tuesday	Combo Swim	Combo Swim	Combo Swim	Jean's Aerobics Plus	Open Exercise	Open Exercise	WVB Org Int		WVB Org Basic		Combo Swim	Sherri Co-Ed		Combo Swim
Wednesday	Combo Swim	Combo Swim	Noodling Aerobics	Combo Swim	Combo Swim	Combo Swim	WVB Org Int *101 Lessons 1st/3rd		* Enrichment Academy	* Enrichment Academy	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Thursday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Silver Splash	Open Exercise	WVB Org Int		WVB Open Group Play		Combo Swim	Sherri Co-Ed		Combo Swim
Friday	Combo Swim	Combo Swim	Mix It Up Aerobics	Open Exercise	WVB Org Int		WVB Org Basic		Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Saturday	Combo Swim	Combo Swim	Nancy's H2o Aerobics	Open Exercise	WVB Org Int		WVB Org Basic		Combo Swim	Combo Swim	Combo Swim	WWVB Org. Int.		Combo Swim
Sunday	Combo Swim	Combo Swim	Jean's Aerobics Plus	Open Exercise	WVB Org Int		WVB Org Basic		Reserved for Pool Parties					Combo Swim

* Sign Ups are required for WVB 101 Lessons **1st/3rd**. Contact SeaBreeze for more information

* The Enrichment Academy - required advanced sign-ups

The Villages®
Community Development Districts
Recreation & Parks



Spanish Moss Sports Pool

Spring/Summer 2019 (April 1 - September 30)

	7-7:50	8-8:50	9-9:50	10-10:50	11-11:50	12-12:50	1-1:50	2-2:50	3-3:50	4-4:50	5-5:50	6-6:50	7-7:50	8-Dusk
Monday	Combo Swim	Combo Swim	TEA/Lap Swim	TEA/Lap Swim	TEA/Lap Swim	Combo Swim	Combo Swim	Combo Swim	WVB- Org. Basic- 2 cts. WVB- Org. Int- 2 cts.		Combo Swim	Combo Swim	Combo Swim	Combo Swim
Tuesday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Aqua-Nets	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Wednesday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Aqua Zumba w/Caryn	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Thursday	Combo Swim	Combo Swim	TEA/Lap Swim	TEA/Lap Swim	TEA/Lap Swim	Combo Swim	WVB Org. Int		WVB Org. Basic		Combo Swim	Combo Swim	Combo Swim	Combo Swim
Friday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Lynn's Aerobics	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Saturday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim
Sunday	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	Combo Swim	WVB- Org. Basic- 2 cts. WVB- Org. Int- 2 cts.		Reserved for Pool Parties					Combo Swim

Phone: 674-8460 See Page 3 for sports pool guidelines & definitions of activities. All activities start on the hour and end 10 minutes before the next hour. Pool hour and activities subject to last-minute changes. Changes will be posted at the pool and recreation center. All Water Volleyball activities are Co-ed unless otherwise noted. A lifestyle ambassador and/or staff member will help to form a line, outside the pool area, prior to the activity start time. The location of the line may vary from center to center. Requests for additional programming will be accepted in August 2019 for the fall/winter session (October 1, 2019 - March 31, 2020). All sports pool are for residents only age 30 & older - please bring your Villages ID card. If you're interested volunteering to lead a sports pool resident lifestyle activity please see the Recreation Facilities Manager at your nearest regional recreation center.

***Sign-up required, for information visit www.villagesvolleyball.com**

Please call 674-1800 for more information and to rent an approved sports pool.