



PICKLEBALL INSTRUCTIONAL PROGRAM SCHEDULE

October 3 - December 16, 2022
Lesson Time: 10am - 11:50am
Registration Required (more info below)

Check In at the Pickleball Courts at 9:45am

	MON	TUES	WED	THUR	FRI	
Intro to Pickleball Virtual Classroom	All videos are found at pickleballcommunity.com. Select "Instructional Program" and then select "New to Pickleball." These must be viewed prior to signing up for Intro to Pickleball Part One					
Intro to Pickleball Part One			Lake Miona 430-2950		Riverbend 674-8455	
Intro to Pickleball Part Two		Odell 750-2700				
Skills Clinics	1. Non-Volley Zone Concepts Bacall 350-2281		3. Strategy Play Concepts Captiva 259-7422	2. Full Court Concepts Bradenton 674-8380		

Courses will not be held November 21-25 (Thanksgiving Week)

REGISTRATION PROCESS

***In person** registration begins at 8:30am, 6 days prior to the lesson. Example: if the lesson is on Tuesday, registration begins the previous Wednesday at 8:30am. **In person registration must be completed at any Regional Rec. Complex Monday through Friday 8:30am to 4pm. Weekend Registration Services are offered at La Hacienda, Lake Miona, Eisenhower, Rohan, and Everglades Rec. Complexes from 8:30am to Noon.** Residents will need to provide all contact information and their Villages ID. Residents may only register themselves and one other resident. Due to the popularity of the program, Guests will need to call the host center the day before the scheduled activity after 4PM to check on availability. Please contact the host center in a timely manner should a registration need to be cancelled.

***Online registration begins at 8:30am, 6 days prior to the lesson.** To register online visit DistrictGov.Org, then from the Departments drop down menu select Recreation, then select the "Click Here to Register Now" button.

DISCLAIMER

If classes are canceled due to inclement weather, or if resident calls to cancel, the resident will need to sign up again for a future class following the same registration process detailed above. The Recreation Department will not cancel lessons until 60 minutes prior to class unless deemed necessary for the public, health, and safety of all participants. Please check with listed center for cancellations.

SIGN UP FOR EMAIL UPDATES AT...pickleballcommunity@gmail.com or visit www.pickleballcommunity.com

Any further questions about the program should be directed to the Recreation Office at your local center. Feel free to visit www.districtgov.org for more detailed information on Recreation.

BEGINNER (BEG) and ADVANCED BEGINNER (ADV BEG) OPEN PLAY SESSIONS. NO REGISTRATION IS REQUIRED FOR THESE SESSIONS.

	MON	TUE	WED	THUR	FRI	SAT/SUN
BEG	Mulberry 10-11:50 [4] Colony Cottage 10-11:50 Eisenhower 10-11:50 Churchill 10-11:50 *Ezell 10-11:50 (Mentored Play, reg. required on pickleballcommunity.com)	Riverbend 10-11:50 Canal 10-11:50 Moyer 10-11:50 Ezell 10-11:50 Bradenton 10-11:50	Big Cypress 10-11:50 Colony Cottage 10-11:50 Manatee 2-3:50	Big Cypress 10-11:50 Aviary: 10-11:50 Paradise 10-11:50 Canal 10-11:50 Chula Vista 10-11:50	Eisenhower 10-11:50 Everglades 10-11:50 Fish Hawk 10-11:50 Ezell 10-11:50 Churchill 10-11:50	Bacall SA 10-11:50 Rohan SA 10-11:50 Mulberry SU10-11:50 [4] Big Cypress SU 10-11:50 Captive SU 10-11:50 Water Lily SU 10-11:50 Coconut 12-1:50 Spanish Moss SU 2-3:50 [3] Odell SU 4-5:50
ADV BEG	Big Cypress 10-11:50 Laurel Manor 10-11:50 Sea Breeze 10-11:50 Homestead 10-11:50	Coconut Cove 10-11:50 Homestead 10-11:50 Spanish Moss 2-3:50 [3]	Eisenhower 10-11:50 Sea Breeze 10-11:50 Fish Hawk 10-11:50	Eisenhower 10-11:50 Mulberry 10-11:50 [2] Riverbend 10-11:50 Coconut Cove 2-3:50	Big Cypress 10-11:50 Chula Vista 10-11:50 Sea Breeze 10-11:50	Bradenton SA 10-11:50 Water Lily SA 10-11:50 Ezell SA 10-11:50 Truman SA 10-11:50 El Santiago SU 10-11:50 Bradenton SU 10-11:50 Coconut Cove SU 10-11:50 Eisenhower SU 12-1:50 Colony Cottage SU 4-5:50

BEGINNERS ARE ENCOURAGED TO PLAY AT APPROPRIATE COURTS SUITABLE TO BEGINNER LEVEL

Open Play at courts from 7-10am throughout The Villages is not recommended for beginners.

Description of Classes & Clinics

Intro to PB Virtual Classroom	Introduction to Pickleball: A virtual classroom is available at pickleballcommunity.com. Select Instructional Program and then New to Pickleball. This is required viewing prior to attending Intro to PB Part One.
Intro to PB Part One	Prerequisite is Virtual Classroom: Students will learn the physical demands of the game, as well as balance, footwork, and movement. Through eye-hand coordination drills & paddle drills they will learn paddle & ball interaction. Learning basic serves, ground strokes and dinks will prepare them to play. Instructors will advise students when they are ready to move on to Intro to PB Part Two.
Intro to PB Part Two	Prerequisite is Intro to PB Part One: Students will be taught how to practice and drill on their own through a series of drills. Focusing on the strokes learned in Part One, the students will dink, serve, and hit both forehand and backhand ground strokes. Some students, with advanced skills, may be taught additional strokes. Instructors will advise students when they are ready to move on to Skills Clinics.

Skills Clinics

Residents who have completed the Intro to PB courses and those residents who are trained elsewhere and meet the standards of a 3.0 player as defined on the pickleballcommunity.com website may sign up for these clinics. They must be taken in order and receive their instructor's recommendation to proceed to the Strategy Play Concepts clinic.

Skills Clinic	<p>1.Non Volley Zone Concepts: Development techniques to improve Non-Volley Zone shots using a games-based drill and play format. Instruction on creating open space, ball pace, moving opponents, ideal strike zone, paddle angles, and ball pathways to achieve a variety of shots for successful play.</p> <p>2.Full Court Concepts: Teaching the deep forehand and backhand ground strokes needed in the serve and return of serve. Focus on transitioning to the non-volley zone using the drop-shot via games-based drills and play.</p> <p>3.Strategy Play Concepts: Using the Non-Volley Zone and Full Court techniques we will next incorporate shot selection, ball placement, player positioning and smart court strategies into your game. <u>You must complete both Non-volley Zone and Full Court Concepts training with a recommendation from both instructors before signing up for the Strategy Play Concepts Clinic.</u></p>
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At all levels of instruction, we recommend that students practice what they have learned. Look in the Recreation & Parks Publication or check the schedule above for Beginner Play. This court time is designed for beginner players to develop their game with players at a similar level.

BEGINNER TOURNAMENT

- ▶ Sign up for Beginner Tournaments at any Regional Recreation Complex or Online
- ▶ It is highly recommended that you complete Intro to PB Part One prior to playing in a Beginner Tournament
- ▶ Beginners do NOT need to be rated but if they are they MUST be rated at 2.5 or lower level

Tournament Date/Time	Registration Dates
8AM on Dec. 14 @ Water Lily Rec Center	Dec. 1 - Dec. 12

Revised
9/19/2022