



## PICKLEBALL INSTRUCTIONAL PROGRAM SCHEDULE

<b>May 30 - September 30, 2022</b>
<b>Lesson Time: 8am - 9:50am</b>
<b>Registration Required (more info below)</b>

**Check In at the Pickleball Courts at 7:45am**

	MON	TUES	WED	THUR	FRI	
<b>Intro to Pickleball Virtual Classroom</b>	<b>All videos are found at <a href="http://pickleballcommunity.com">pickleballcommunity.com</a>. Select "Instructional Program" and then select "New to Pickleball." These must be viewed prior to signing up for Intro to Pickleball Part One</b>					
<b>Intro to Pickleball Part One</b>			2nd Wednesday Lake Miona 430-2950 <b>6/8, 7/13, 8/10, 9/14</b>		2nd Friday Riverbend 674-8455 <b>6/10, 7/8, 8/12, 9/9</b>	
<b>Intro to Pickleball Part Two</b>		4th Tuesday Odell 750-2700 <b>6/28, 7/26, 8/23, 9/27</b>				
<b>Skills Clinics</b>	1st Monday <b>1. Non-Volley Zone Concepts</b> Bacall 350-2281 <b>6/6, 7/4, 8/1, 9/5</b>		3rd Wednesday <b>3. Strategy Play Concepts</b> Captiva 259-7422 <b>6/15, 7/20, 8/17, 9/21</b>	2nd Thursday <b>2. Full Court Concepts</b> Bradenton 674-8380 <b>6/9, 7/14, 8/11, 9/8</b>		

### REGISTRATION PROCESS

**\*In person registration begins at 8:30am, 6 days prior to the lesson.** Example: if the lesson is on Tuesday, registration begins the previous Wednesday at 8:30am. **In person registration must be completed at any Regional Rec. Complex Monday through Friday 8:30am to 4pm. Weekend Registration Services are offered at La Hacienda, Lake Miona, Eisenhower, Rohan, and Everglades Rec. Complexes from 8:30am to Noon.** Residents will need to provide all contact information and their Villages ID. Residents may only register themselves and one other resident. Due to the popularity of the program, Guests will need to call the host center the day before the scheduled activity after 4PM to check on availability. Please contact the host center in a timely manner should a registration need to be cancelled.

**\*Online registration begins at 8:30am, 6 days prior to the lesson.** To register online visit [DistrictGov.Org](http://DistrictGov.Org), then from the Departments drop down menu select Recreation, then select the "Click Here to Register Now" button.

### DISCLAIMER

If classes are canceled due to inclement weather, or if resident calls to cancel, the resident will need to sign up again for a future class following the same registration process detailed above. The Recreation Department will not cancel lessons until 60 minutes prior to class unless deemed necessary for the public, health, and safety of all participants. Please check with listed center for cancellations.

SIGN UP FOR EMAIL UPDATES AT...[pickleballcommunity@gmail.com](mailto:pickleballcommunity@gmail.com) or visit [www.pickleballcommunity.com](http://www.pickleballcommunity.com)

Any further questions about the program should be directed to the Recreation Office at your local center. Feel free to visit [www.districtgov.org](http://www.districtgov.org) for more detailed information on Recreation.

BEGINNER (BEG) and ADVANCED BEGINNER (ADV BEG) OPEN PLAY SESSIONS. NO REGISTRATION IS REQUIRED FOR THESE SESSIONS.

	MON	TUE	WED	THUR	FRI	SAT/SUN
<b>BEG PLAYERS</b>	Mulberry 10-11:50 [4] Colony Cottage 10-11:50 Eisenhower 10-11:50 Ezell 10-11:50	Riverbend 10-11:50 Canal 10-11:50 Moyer 10-11:50 Ezell 10-11:50	Big Cypress 10-11:50 Manatee 2-3:50	Big Cypress 10-11:50 Aviary: 10-11:50 [3] Paradise 10-11:50 Canal 10-11:50 Chula Vista 10-11:50	Eisenhower 10-11:50 Everglades 10-11:50 Fish Hawk 10-11:50 Ezell 10-11:50	Bacall SA 10-11:50 Rohan SA 10-11:50 Mulberry SU 10-11:50 [4] Big Cypress SU 10-11:50 Captiva SU 10-11:50 Water Lily SU 4-5:50 Spanish Moss SU 2-3:50 [3] Odell SU 4-5:50
<b>ADV BEG PLAYERS</b>	Big Cypress 10-11:50 Laurel Manor 10-11:50 Homestead 10-11:50	Coconut Cove 10-11:50 Homestead 10-11:50 Spanish Moss 2-3:50 [3]	Eisenhower 10-11:50 Sea Breeze 10-11:50 Fish Hawk 10-11:50	Eisenhower 10-11:50 Mulberry 10-11:50 [2] Riverbend 10-11:50 Coconut Cove 2-3:50	Sea Breeze 10-11:50 Chula Vista 10-11:50 Aviary 10-11:50	Bradenton SA 10-11:50 Water Lily SA 4-5:50 Ezell SA 10-11:50 Truman SA 10-11:50 El Santiago SU 10-11:50 Bradenton SU 10-11:50 Coconut Cove SU 12-1:50 Eisenhower SU 12-1:50 Colony Cottage SU 4-5:50

**BEGINNERS ARE ENCOURAGED TO PLAY AT APPROPRIATE COURTS SUITABLE TO BEGINNER LEVEL**

**Open Play at courts from 7-10am throughout The Villages is not recommended for beginners.**

**Description of Classes & Clinics**

<b>Intro to PB Virtual Classroom</b>	<b>Introduction to Pickleball:</b> A virtual classroom is available at pickleballcommunity.com. Select Instructional Program and then New to Pickleball. <b>This is required viewing prior to attending Intro to PB Part One.</b>
<b>Intro to PB Part One</b>	<b>Prerequisite is Virtual Classroom:</b> Students will learn the physical demands of the game, as well as balance, footwork, and movement. Through eye-hand coordination drills & paddle drills they will learn paddle & ball interaction. Learning basic serves, ground strokes and dinks will prepare them to play. Instructors will advise students when they are ready to move on to Intro to PB Part Two.
<b>Intro to PB Part Two</b>	<b>Prerequisite is Intro to PB Part One:</b> Students will be taught how to practice and drill on their own through a series of drills. Focusing on the strokes learned in Part One, the students will dink, serve, and hit both forehand and backhand ground strokes. Some students, with advanced skills, may be taught additional strokes. Instructors will advise students when they are ready to move on to Skills Clinics.
<p><b>There are 3 Skills Clinics, each taught once per month from 8:00 – 9:50am</b></p> <p>Residents who have completed the Intro to PB courses and those residents who are trained elsewhere and meet the standards of a 3.0 player as defined on the pickleballcommunity.com website may sign up for these clinics. They must be taken in order and receive their instructor's recommendation to proceed to the Strategy Play Concepts clinic.</p>	
<b>Skills Clinic</b>	<p><b>1.Non Volley Zone Concepts:</b> Development techniques to improve Non-Volley Zone shots using a games-based drill and play format. Instruction on creating open space, ball pace, moving opponents, ideal strike zone, paddle angles, and ball pathways to achieve a variety of shots for successful play.</p> <p><b>2.Full Court Concepts:</b> Teaching the deep forehand and backhand ground strokes needed in the serve and return of serve. Focus on transitioning to the non-volley zone using the drop-shot via games-based drills and play.</p> <p><b>3.Strategy Play Concepts:</b> Using the Non-Volley Zone and Full Court techniques we will next incorporate shot selection, ball placement, player positioning and smart court strategies into your game. <u>You must complete both Non-volley Zone and Full Court Concepts training with a recommendation from both instructors before signing up for the Strategy Play Concepts Clinic.</u></p>

At all levels of instruction, we recommend that students practice what they have learned. Look in the Recreation & Parks Publication or check the schedule above for Beginner Play. This court time is designed for beginner players to develop their game with players at a similar level.

**BEGINNER TOURNAMENTS**

- ▶ Beginner tournaments are held at designated sites
- ▶ Sign up for Beginner Tournaments at any Regional Recreation Complex Online
- ▶ It is highly recommended that you complete Intro to PB Part One prior to playing in a Beginner Tournament
- ▶ Beginners do NOT need to be rated but if they are they MUST be rated at 2.5 or lower level

<u>Tournament Date/Time</u>	<u>Registration Dates</u>
Dec. 14 @ Water Lily Rec Ctr.	Dec 1 - Dec 12