



BEGINNER PICKLEBALL PROGRAM: WEEKLY SCHEDULE

Summer 2019: April 1 to September 30th
No Classes: July 4th and Labor Day, September 2nd

SIGN UP 6 DAYS IN ADVANCE

Sign-ups Starting at 8:30am

Check in at 7:50am ON COURT: Classes Run 8:00AM-9:50AM

PB100 <u>Introduction</u>	<p><u>CLASSROOM Session:</u> Introduction to Pickleball Classroom program. Second Tuesday at 11AM at Burnsed Recreation Center. Sign-up required starting 6 days in advance call Burnsed at 674-8430. 4/9, 5/8, 6/11, 7/9, 8/13, 9/10</p>	<p><u>Court Class:</u> At the conclusion of the PB100 Classroom session, participants will have the option to sign up for the court class at Captiva the 3rd Wednesday or Burnsed the 4th Friday at 8am. Participants will not be able to register for the court class until they have attended the classroom session.</p>
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	MON	TUES	WED	THUR	FRI	SAT
PB101 Introduction	<p>2nd Monday Saddlebrook 259-5377 4/8, 5/13, 6/10, 7/8, 8/12, 9/9</p> <hr/> <p>1st Monday Spanish Moss 674-8460 5/6, 6/3, 7/1, 8/5</p>	<p>1st Tuesday Sterling Heights 753-4510</p> <p>4/2, 5/7, 6/4, 7/2, 8/6, 9/3</p>		<p>2nd Thursday El Santiago 753-1410</p> <p>4/11, 5/9, 6/13, 7/11, 8/8, 9/12</p>	<p>1st Friday Bradenton 674-8380</p> <p>4/5, 5/3, 6/7, 7/5, 8/2, 9/6</p>	
Beginner Practice/ Drills				<p>Every Thursday SeaBreeze 750-2488</p>		
PB102 Strokes		<p>2nd Tuesday Big Cypress 674-8385 4/9, 5/14, 6/11, 7/9, 8/13, 9/10</p>		<p>3RD Thursday Colony Cottage 750-1935 4/18, 5/16, 6/20, 7/18, 8/15, 9/19</p>		<p>4th Saturday Sea Breeze 750-2488 4/27, 5/25, 6/22, 7/27, 8/24, 9/28</p>
PB103 Essential Strategies			<p>4TH Wednesday Captiva 259-7422 4/24, 5/22, 6/26, 7/24, 8/28, 9/25</p>			

YOU WILL FIND A FULL DESCRIPTION OF THE CLASSES ON PAGE 2

SIGN UP PROCESS FOR THE LESSONS LISTED

Visit (preferable) or call the center, 6 days in advance of the lesson to sign up. Ex: Lesson is on Tuesday so sign up is the previous Wednesday. Residents need Phone number and ID Card. You may only sign up yourself and one other, but you must have their details with you.

DISCLAIMER

If classes are canceled due to inclement weather, or if a resident calls to cancel, the resident will need to sign up again for the next class. Recreation Dept. will not cancel these lessons until 30 minutes prior to class. (7:30am). We ask residents to check with the appropriate center for cancellations.

www.pickleballcommunity.com

**GIVES INFORMATION ON ALL PICKLEBALL ACTIVITIES IN THE VILLAGES
SIGN UP FOR EMAIL UPDATES AT... pickleballcommunity@gmail.com**

Any further questions about the Program should be directed to the Recreation Center at which the class is at.

Feel free to visit www.districtgov.org for more detailed information on Recreation.

**BEGINNER [BEG] and ADVANCED BEGINNER [ADV BEG] OPEN PLAY SESSIONS (Players of your level) NO SIGN UP IS
REQUIRED FOR THESE SESSIONS**

	MON	TUES	WED	THUR	FRI/SAT	SUN
BEG Student	Bradenton 10-11:50 Eisenhower 10-11:50 Mulberry 10-11:50 (4) Colony Cottage 4-5:50	Colony Cottage 12-1:50 Rohan 10-11:50 (6) Moyer 10-11:50	Big Cypress 10-11:50 Colony Cottage 12-1:1:50 Manatee 2-3:50 Saddlebrook 10-11:50	Big Cypress 10-11:50 Chula Vista 10-11:50 Manatee 2-3:50 Paradise 10-11:50 Rohan (6) 10-11:50	Eisenhower FRI 10-11:50 Fish Hawk FRI 10-11:50 Moyer FRI 12-1:50 Bacall SA 10-11:50 Coconut Cove SA 12-1:50 Moyer SA 10-11:50 Rohan SA 10-11:50 [6] Allamanda SA 10-11:50 Hibiscus SA 10-11:50	Captiva 12-1:50 Big Cypress 10-11:50 Coconut Cove 12-1:50 Odell 10-11:50 Mulberry [4] 10-11:50 Moyer 10-11:50 Moyer 2-3:50
ADV BEG Graduate	Big Cypress 10-11:50 Captiva 10-11:50 Laurel Manor 4-5:50	Colony Cottage 10-11:50 Coconut Cove 10-11:50	Sea Breeze 10-11:50 Fish Hawk 10-11:50 Chula Vista 10-11:50 Eisenhower 10-11:50	Coconut Cove 2-3:50 Odell 10-11:50 Eisenhower 10-11:50 Mulberry 10-11:50 (2 CTs)	Big Cypress FRI 10-11:50 Chula Vista FRI 10-11:50 Odell FRI 10-11:50 Bradenton SA 10-11:50 Lake Miona SA 5-6:50 Truman SA 10-11:50	Coconut Cove 10-11:50 Eisenhower 12-1:50 El Santiago 10-11:50 Bradenton 10-11:50

STUDENTS ARE ENCOURAGED TO PLAY AT APPROPRIATE COURTS SUITABLE TO BEGINNER LEVEL

Open Play at courts from 7-10am throughout The Villages is not recommended for students.

DESCRIPTION OF LESSONS

PB100	Classroom Session- Informational session taught by PB101 instructors to educate attendees on the physical demands and safety requirements to successfully take *PB100* or PB101. Provide glimpse into the sport of Pickleball.
PB100	Court Session: Prereq. is PB100 classroom. Cover all items in PB101 in a faster paced environment.
PB101	Introduction to Pickleball – Learn safety; the Game; Rules; Fundamentals, including stance, grip, forehand and backhand strokes and how to serve; start playing a game to learn court positioning. At this stage, you have been exposed to the basic aspects of the game and rules and can begin to play at the neighborhood / social level. [Roughly equivalent to 1.0 Beginner .]
Beginner Practice/ Drills	Beginner Practice/Drills - Optional - Prerequisite *PB100* or PB 101. Work with an instructor to achieve a 70% level with serves, return of serves, scoring, and handling slower hit balls. Learn how to practice/drill to improve your play.
PB102	Strokes - Prerequisite PB101 or *PB100* and practiced enough to have reached 70% performance level in serving, returning serves, scoring and handling slower hit balls, while playing in 20+ games. Review playing safely, practice basic strokes; learn new strokes, block shots, volleys, overheads and lobs. Play games while working on positioning and rules. (Roughly equivalent to 1.5 Beginner) If your physical condition precludes running to the net frequently, you will probably be most comfortable staying at this level of play. For those who are more active and want to be more competitive, there's more...
PB103	Essential Strategies - Prerequisites PB101 or *PB100* & PB102. Most players should improve their play by 50%. Best serve and return of serve strategies...correct court positioning, shot preparation like the pros...prime shot locations...best way to handle the bangers...lobs, how to hit them & how to defend them. PB103 graduates are at the 2.0 Beginner level .

At all levels of instruction we are recommending that students practice what they have learned for two weeks before they progress to the next class level. While you are in the Beginner Program, practice is very important to help you master your new skills. Look in the Recreation News or check the schedule above for Beginner Play. That is court time set aside for students so they can feel comfortable to develop their game with players at a similar level.

Once you "graduate" from PB103, look for Advanced Beginner Play times. As your play and confidence level improves, you'll be interested in Open Play times. All courts are Open Play from 7-10am and at many other times during the day when nothing else is scheduled. You'll soon be a **2.5 Advanced Beginner**.

BEGINNER'S TOURNAMENTS

Bradenton Recreation Center, 674-8380

Sign up at any Regional Recreation Center

Tournament Date

Sign up dates

Tuesday, December 10, 2019

November 22nd - December 5th, 2019