

District Employee Newsletter

February - 2022

Hospitality ~ Stewardship ~ Creativity & Innovation ~ Hard Work

Meeting the needs of The Villages community Residents is our primary objective.

PURPOSE To provide and preserve the lifestyle of Florida's Friendliest Hometown.

VISION To be respected as the most responsive and responsible Community Development District.

MISSION To provide responsible and accountable public service that enhances and sustains our community.

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It is a great honor to be the new District Manager, and one of my first tasks was to seize the opportunity to make organizational changes that would allow senior staff to operate and manage more efficiently. Utilization of Human Capital to manage current and future growth is essential. Additionally, management needs should be planned to promote a structure to reduce current budgeted appropriations. The previous organizational structure included a District Manager, Deputy District Manager, and Assistant District Manager. With the current growth, and bringing on new Districts in 2022, it became evident that we would need another Assistant District Manager to help with all of the growth in The Villages. I am happy to say that I have added that position, and as noted below, you can see the new Board Structure Chart as of February 2022. The new Organizational Chart can be found on the Districtgov.org website under Quick Links. The new organizational structure allows for effective management of current and future Districts, all while utilizing existing staff and succession planning, rendering a savings of \$130,000 to the existing FY22 Budget. As the new District Manager, I am looking forward to the great things happening in The Villages in 2022! With that said, please join me in congratulating Carrie Duckett, Deputy District Manager, Bruce Brown, Assistant District Manager, and Brittany Wilson, Assistant District Manager on their promotions as well.

Kenny Blocker, District Manager



In the Spotlight

Rebecca Kelly Community Standards Staff Assistant



Where were you born & raised and went to school?

I was born & raised in Leesburg, Florida and graduated from Leesburg High School.

What was special about where you are from?

The lakes and sunshine.

Tell us about your family, people in your life (including pets!)

I've been married to Mike for 34 years. I have 2 boys, Michael and Jimmy, 2 daughters-in-law, Morgan and Shelby and 1 grand baby, Brooks.

Hobbies? Favorite activities?

I enjoy being outside at the beach, lake or river with family & friends.

Who has been the most influential person in your life and why?

Mrs. Bragg, my 3rd grade teacher. She taught me lessons in life.

What's the best advice you have ever received?

Smile, be polite and keep your opinions to yourself.

What is the career & training path that led you to the District?

I grew up watching The Villages evolve. I was very involved with the schools when my kids were in The Villages Charter Schools.

Can you tell us about your day-to-day responsibilities?

My day-to-day responsibilities are to process ARC applications.

What is your favorite aspect of working for The District?

Working for The District and meeting different people.

What is the most interesting thing you have ever seen?

The Grand Canyon. Pictures do not give it justice.



Restaurant: The Garlic

Sport: Any team that plays UF

Food: Italian

Vacation Spot: New Smyrna Beach



Did You Know?

Are you looking for a career change, or know someone who is seeking employment? Our current job openings include:

Community Watch

Gate Attendants

\$10.49 / HR

- Briar Meadow, Blue 1200-1800
- Chatham, Blue 0000-0600
- Del Mar, Blue, 0800-1500
- El Cortez, Blue 1200-1800
- El Cortez, Red 1800-2300
- Hadley, Blue 1800-2400
- Hadley, Red 1800-2400
- Morse South, Blue 1200-1800
- Morse South, Blue 1800-2400
- Morse South, Red 0000-0600
- Osceola, Blue 0000-0600
- Substitute/Sunset Point, Blue 1200-1800

Gate Operations Attendant Substitute

\$10.00 / HR

Patrol Drivers

\$11.07 / HR

- Midnights Only
- Paddock Square, Red 0000-0600
- Region 10, Blue 0000-0800
- Region 10, Red 0000-0800
- Region 11, Red 0000-0800
- Region 13, Blue 0000-0800
- Region 14,, Blue 2300-0700
- Region 14, Red 2300-0700
- Region 5, Blue 0000-0800
- Region 5, Red 0000-0800
- Region 7, Blue 0000-0800
- Region 8, Blue 2300-0700

Administration

Staff Assistant

\$15.30 / HR

District Clerk

Assistant to the District Clerk

\$15.30 / HR

Finance

Accounting Tech-Bond Cust. Svc.

\$15.30 / HR

Staff Accountant

\$51,573.41 / Annual

Public Safety

Fire Inspector

\$46,346.46 - \$69,177.60 / Annual

Recreation & Parks

Facility Specialist

\$11.07 / HR

Recreation Assistant

\$10.00 / HR

Recreation Assistant-Softball

\$10.00 / HR

Recreation Leader

\$11.07 / HR

Recreation Service Representative-FT

\$11.07 / HR

Recreation Service Representative-PT

\$11.07 / HR

Keep an eye out for emails from Terianne Carroll, HR Administrator, for future openings within the District.

Or use our internal link to apply for internal positions:

[https://www2.appone.com/Search/Search.aspx?](https://www2.appone.com/Search/Search.aspx?Internal=yes&ServerVar=villagescentercommunitydevelopment.appone.com)

[Internal=yes&ServerVar=villagescentercommunitydevelopment.appone.com](https://www2.appone.com/Search/Search.aspx?Internal=yes&ServerVar=villagescentercommunitydevelopment.appone.com)

If you have questions on job openings or how to apply, please call

Terianne at 352-674-1905

or email terianne.carroll@districtgov.org.



Employees On The



Community Watch

- **Dianne Carter** transferred from Gate Operations Attendant Substitute to Gate Operations Attendant.

Recreation & Parks

- **Hervey Forward** was promoted from Recreation Assistant-Boats to Boat Captain.
- **Carolyn Wescoe** transferred from Recreation Assistant to Fitness Assistant.
- **Pamela Gulla** transferred from Facility Specialist to Fitness Assistant.

Finance

- **Nancy Norval** was promoted from Staff Accountant to Senior Accountant.

Hospitality ~ Creativity & Innovation

Stewardship ~ Hard Work

Welcome TO THE TEAM

Recreation & Parks

Diane Deans
Lester Goodwin
Terry Kennedy
John Ladd
Dusan Mihajlovic
Brenda Peterson
Pamela Pires
Michael Rans
Sally Seymour
Susan Hemmings

Bruce Blanchette
Anna Briggs
Allen Fopiano
Tyler Hess
John Holland
Jason Leavitt
Edward Porreca
Paul Rinaldi
Victoria Franklin

Community Watch

Taylor Day
John Haddash
Dale Teel
Yona McCants
Thomas McClay
Dora Rivenbark

Public Safety

Nicholas DeVogel
Edward Faktorovich
Jared Martinez
Blake Normoyle
Ariel Valladares

Customer Service

Lisa Karrick

Property Management

Keven Kinney



Happy February Birthday!



Wilkinson, Brittany M	1	Risk Management
Donato, Carol Diane D	2	Recreation & Parks
Sharp, Jacob E	2	Public Safety
Chinske, Thomas W	3	Recreation & Parks
Osborne, Tracy A	3	Recreation & Parks
Shelton, Harold L	3	Community Watch
Dyer, Casey A	3	Public Safety
Bell, Samantha L	3	Public Safety
Fitzpatrick, Deborah M	4	Recreation & Parks
Hallquist, Melinda A	4	Recreation & Parks
McGinty, Thomas J	4	Community Watch
Gwin, Sharon M	4	Community Watch
Pittsley, Christina L	4	Community Watch
Eckert, Bradley A	5	Recreation & Parks
Erich, Nancy A	5	Community Watch
Mercer-Poll, Barbara J	5	Finance
Wine, Gene Edward E	5	Public Safety
McConnell, Daniel N	6	Recreation & Parks
Battaglia, Rosalie	6	Community Watch
Brown, James	6	Community Watch
Kinney, Keven P	6	Property Management
Godfrey, Kathleen A	7	Purchasing
Heidlebaugh, Earl	7	Community Watch
Brown, Barry M	7	Community Watch
Hayes, William G	7	Community Watch
Carr, Charles J	9	Recreation & Parks
Hodge, James A	9	Community Watch
Francik, Nicole M	9	Finance
Rodriguez Jr, George	10	Recreation & Parks
Venables, Stuart T	10	Public Safety
Hartley, John D	11	Recreation & Parks
Valladares, Ariel A	11	Public Safety
Cash, Dale N	13	Recreation & Parks
Losser, Wendy V	13	Recreation & Parks
Dryer, James G	13	Community Watch
Klein, Donald L	14	Recreation & Parks
Wysocki, Barbara E	14	Recreation & Parks
McKenna, Joseph R	14	Recreation & Parks
Kenny, Daniel R	14	Property Management
Tuggerson, Jackie D	14	Public Safety
Johnson, Bryan D	15	Recreation & Parks
McKechney, Donald S	15	Recreation & Parks
Scoville, Thomas C	15	Community Watch
Harris, Michael W	15	Property Management
Wescoe, Wayne	16	Recreation & Parks
Ryan, Frances R	16	Community Watch

Gipp, David W	16	Community Watch
Bowgren, Mary Ellen T	16	Finance
Webster, Jonathan L	16	Public Safety
Farlow, Jennifer L	17	District Clerk
Graney, Eugene D	17	Recreation & Parks
Pires, Pamela J	17	Recreation & Parks
Perrone, Carlos M	17	Recreation & Parks
Radampola, Skye D	17	Recreation & Parks
Turner, Bruce R	18	Recreation & Parks
Macklen, Kevin J	18	Community Watch
Tillotson, Rachel J	19	Recreation & Parks
Ogle, Deborah L	19	Community Watch
Saylor, Mary-Ellen	19	Finance
Sarka, Justin E	20	Property Management
Collom, Janice	21	Recreation & Parks
Pezick, George Martin M	21	Community Watch
Cupp, Angela M	22	Recreation & Parks
Burleson, Michael A	22	Recreation & Parks
St Germain, Colin E	22	Recreation & Parks
Winters, Jack E	22	Executive Golf
Watkins, Bonnie E	22	Community Watch
Ford, Crystal M	23	Purchasing
Cote, James O	23	Community Watch
Indermuehle, Carol R	24	Recreation & Parks
Billingsley, Kimble M	24	Public Safety
Wilkerson, Robert J	26	Recreation & Parks
Toole, Richard D	26	Recreation & Parks
McCormick, Connie E	26	Recreation & Parks
Pierce, Steven E	26	Recreation & Parks
Rohan, John B	26	Recreation & Parks
Sperazza, Gloria	26	Community Watch
Adler, Margaret M	26	Community Watch
De Luca, Linda R	26	Community Watch
Jeffrey, Donald	27	Recreation & Parks
Ladd, John M	27	Recreation & Parks
Fox, Jan M	27	Recreation & Parks
Jones, Quenton B	27	Recreation & Parks
Convery, Thomas J	27	Community Watch
Hartman, Jonathan E	27	Public Safety
Noss, Michael H	28	Customer Service
Butz, Douglas	28	Recreation & Parks
Jewell, Elizabeth I	28	Recreation & Parks
Ryan, Patrick H	28	Community Watch
Weis, Jason R	29	Public Safety
Cantor, Maxwell L	29	Public Safety

Happy February Anniversary! Thank You For Your Service!

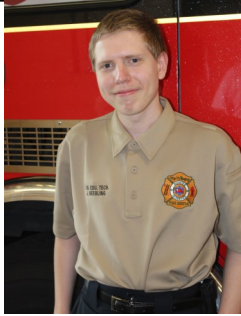
Robert Wilkerson	02/15/2006	16	Recreation & Parks	Paula Smith	02/26/2018	4	Community Watch
Deborah Hurtt	02/15/2006	16	Recreation & Parks	Anton Dawson	02/26/2018	4	Public Safety
George Tule	02/14/2007	15	Community Watch	Jacob May	02/26/2018	4	Public Safety
Steven Waitzman	02/21/2007	15	Community Watch	Joshua Hayes	02/26/2018	4	Public Safety
Gayle Gibson	02/03/2010	12	Recreation & Parks	Jonathan Hartman	02/26/2018	4	Public Safety
Regina Demarco	02/03/2010	12	Recreation & Parks	Tanner Gaddy	02/26/2018	4	Public Safety
Carmen Seebald	02/10/2010	12	Recreation & Parks	Derick Pierce	02/26/2018	4	Public Safety
Joseph Schenk	02/17/2010	12	Public Safety	David Souza	02/25/2019	3	Recreation & Parks
Jason McInturf	02/17/2010	12	Public Safety	Dakotah Garcia	02/25/2019	3	Recreation & Parks
Donald Jeffrey	02/24/2010	12	Recreation & Parks	Edward Sobeck	02/25/2019	3	Recreation & Parks
Dale Hetsko	02/24/2010	12	Recreation & Parks	Jack Pike	02/25/2019	3	Community Watch
Nichole Leonardi	02/01/2012	10	Public Safety	Robert Doherty	02/25/2019	3	Community Watch
Wesley Roe	02/01/2012	10	Public Safety	John O'Connell	02/25/2019	3	Community Watch
Jessie Flynn	02/04/2013	9	Recreation & Parks	Lee Longo	02/25/2019	3	Public Safety
Carol Martin	02/04/2013	9	Community Watch	Robert Rivers	02/25/2019	3	Public Safety
John Bellante	02/18/2013	9	Recreation & Parks	Clyde Christian	02/25/2019	3	Public Safety
Christopher Bradford	02/16/2015	7	Public Safety	Jackson Brecklin	02/25/2019	3	Public Safety
David Gomez	02/16/2015	7	Public Safety	Peter Bratkovich	02/25/2019	3	Public Safety
Eduardo Villagomez	02/16/2015	7	Public Safety	Megan Conatser	02/03/2020	2	Public Safety
Ryan Rushing	02/16/2015	7	Public Safety	Sean Murray	02/10/2020	2	Recreation & Parks
Vince Rados	02/16/2015	7	Public Safety	Joseph Young	02/10/2020	2	Community Watch
Dalton Zink	02/16/2015	7	Public Safety	Michele Keiser	02/24/2020	2	Recreation & Parks
Donna Schultz	02/01/2016	6	Community Standards	Jeffrey Givens	02/24/2020	2	Recreation & Parks
Mary Leach	02/15/2016	6	Recreation & Parks	Kenneth Shue	02/24/2020	2	Recreation & Parks
Robert Stone	02/15/2016	6	Recreation & Parks	Yajaira Perez	02/24/2020	2	Recreation & Parks
Deborah Fitzpatrick	02/15/2016	6	Recreation & Parks	Daniel Sciacchetano	02/24/2020	2	Recreation & Parks
Lenette Kendzior	02/15/2016	6	Recreation & Parks	Steven Nigro	02/24/2020	2	Community Watch
Bradley Eckert	02/15/2016	6	Recreation & Parks	Roger Rolph	06/29/2020	2	Recreation & Parks
Mary Helen Burch	02/15/2016	6	Recreation & Parks	Ryan Geraghty	02/08/2021	1	Recreation & Parks
Margaret Twidale	02/15/2016	6	Recreation & Parks	JulieAnn Stansberry	02/08/2021	1	Community Watch
James Dolan	02/29/2016	6	Recreation & Parks	Eileen Redmon	02/08/2021	1	Community Watch
Gregory Simar	02/29/2016	6	Community Watch	Earl Heidlebaugh	02/08/2021	1	Community Watch
Lawrence Forson	02/29/2016	6	Community Watch	John Buguliskis	02/08/2021	1	Community Watch
Jaime Cooper-Rodriguez	02/13/2017	5	Finance	Chester Gould	02/08/2021	1	Community Watch
Norman Hager	02/27/2017	5	Recreation & Parks	William Bruno	02/08/2021	1	Community Watch
Robin Santangelo	02/27/2017	5	Recreation & Parks	Tanika Clayton Henry	02/08/2021	1	Human Resources
Thomas Ladow	02/27/2017	5	Community Watch	Lloyd Tarter	02/11/2021	1	Community Watch
Jennifer Cole	02/27/2017	5	Finance	Patricia Bruno	02/22/2021	1	Recreation & Parks
Gary Margocs	02/26/2018	4	Recreation & Parks	Lisa Harger	02/22/2021	1	Recreation & Parks
Dennis Teasley	02/26/2018	4	Recreation & Parks	Jonathan Stoeckle	02/22/2021	1	Recreation & Parks
Kenneth Toman	02/26/2018	4	Recreation & Parks	Liliana English	02/22/2021	1	Community Watch
Rodney Weaver	02/26/2018	4	Recreation & Parks	Charles Burden	08/23/2021	1	Community Watch
James Morton	02/26/2018	4	Recreation & Parks				

Recognizing Our Core Values In Action!

Public Safety

Josh Neebling (right)
Public Education Technician

A resident called to say how professional and courteous Josh was when he went to their home to install new smoke detectors.



Bob Sjogren (left)
Public Education Technician

“Wanted to thank you once again for such a great



presentation. Under adverse and less than desirable circumstances, you adapted beautifully. Everyone I talked to was so impressed with your presentation. It was informative, humorous, and right on. Not everyone can command an audience like you did. Outstanding! Due to your great efforts, the checks are rolling in. Look forward to taking things to the next level with our AED program.”

Megan Conatser, Administrative Assistant (right)
Cheryl Bidwell, Administrative Assistant (left)
Josh Neebling, Public Education Technician (above)

A resident called to say thank you for the Smoke Detector Program that VPSD offers. The resident went on to say Administrative Assistants, Cheryl and Megan helped to schedule her appointment and explained how the program works. Also, Public Education Technician Josh arrived a short time later. Josh was



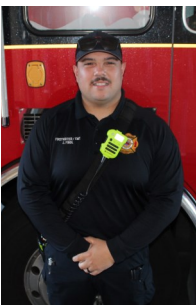
professional and took the time to answer all of her questions and showed her how the units functioned. She was grateful for the “smoke detector team.”

Michael Grubb, Firefighter Paramedic (left)
Jose Finol, Firefighter EMT (right)

“I am hoping that you will ensure this email gets to Chief Cain. I would like to take a moment to express my sincere thanks and gratitude to the Villages Public Safety Department. Rescue 44 answered a call for my mother-in-law. The Firefighter/Medics on that call were Jose and Michael. The professionalism, treatment administered and the compassion they showed should be held as an example to all providers. I can say that with some authority as I was a provider many years ago. They were dealing with a 90 year old who was very instrumental in her non



compliance to her health issues. Not only did their skills shine with the medical trifecta that they were dealing with, they also provided a level of grace and dignity. After all was said and done they were packing up their equipment and I wondered why it was taking a bit longer than I expected. It turns out that they were trying to get a blood stain out of the white carpet with some peroxide. They took it upon themselves to address it. Talk about a full service team! The bright and shining stars in all of this were Jose and Michael and I just had to take a moment of your time to let you know how grateful I am for the type of providers that are under your command. Please extend a thank you to them on a job VERY well done.”



Community Watch

Gate Operations Attendants: L to R, Bob Foster, John Villyard & Tom Sherlock. A grateful resident sent a tier of boxed fruit from The Fruit Company to Community Watch wishing them a Happy New Year.



Cindy Moorman
Dispatcher

“Cindy Moorman is the recipient of a BIG BIG KUDO award for the holiday weekend. She volunteered to provide 1200 -1800 Dispatcher coverage on our team (12/24, 25, 26). She was an absolute life saver and I’m not sure what we would have done without her. Our holiday call volume, the nature of the calls and issues were not to be believed. Cindy joined us at 12:00pm each shift with a smile, positive energy and that boost we needed after a whirlwind of activity from 0600-1200. Her customer service skills with both residents and our internal customers make her the perfect role model for our Hospitality core value.”



Paul Brake
Patrol Driver

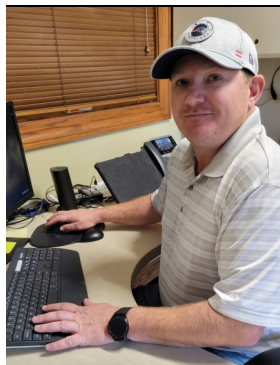
Paul recently assisted with calming down a resident’s daughters as they experienced a traumatizing experience. “What a blessing it was that Paul was not only on Patrol in that neighborhood at that time, but also the tremendous difference Paul made for the two young women.”



Property Management

Chris Ryzoc (left)
Landscape Supervisor

“Thanks so much. The tree is already trimmed and the weeds are sprayed. The mistletoe is on their list.”



Rob Priest (below)
Landscape Supervisor

A resident called and wanted to thank Rob, stating the line of sight Talley Ridge Dr and BVB North looks a lot better and really appreciates Rob’s hard work.

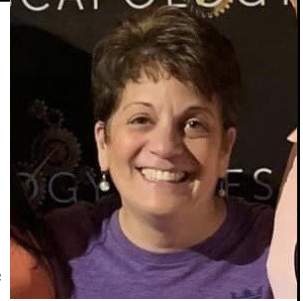


Recognizing Our Core Values In Action!

Customer Service



Norm Cathell
Customer & Admin. Support Rep.
 “Today I called the Customer Service line about my first SSU billing. Norm answered after a wait for next available person. Usually a skeptic to wait in line, today I was the lucky one as Norm was fabulous in answering my questions and anticipating my next questions. He anticipated my needs and made the process seamless. Bottom line, my first experience with SSU/CDD was a "10" and makes a new resident feel good about their house purchase! Thank you Norm!”



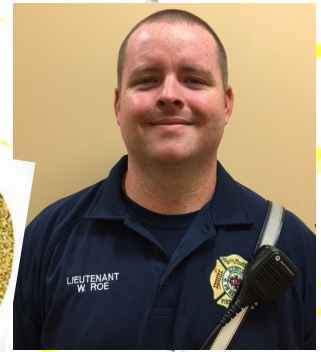
Angela Carrozzella
Customer & Admin. Support Rep.
 “To Whom It May Concern; I had the wonderful opportunity to speak with a Customer Service Rep. named Angela. I just moved to The Villages about five weeks ago and am pretty ignorant of a lot that goes on in The Villages. Angela was an enormous help regarding the daily activities in The Villages. She helped me feel more comfortable regarding my move and knowing just how extraordinary The Villages is. After being here for five weeks I don’t think I’ll ever go back to New York City. Thank you for having such a helpful person as Angela on your staff. May you have a healthy and happy New Year.”

Congratulations! Thank you for your years of service!



George Tule
Gate Attendant

Nichole Leonardi
Firefighter Paramedic
Driver Engineer



Wesley Roe
Lieutenant

Training



February 2022

Training & Development Programs

All professional development training workshops are open to all District Staff members.

Class Title	Instructor	Class Info	Relevant to	Date	Time	Location
New Hire Orientation	Varied District Staff	Welcome to the Team! This class provides new team members with a wide range of topics to help you navigate your first 60 days as a member of the team. Topics covered include District Core Values, Mission Statement, policy & procedures, diversity & inclusion, and safety practices.	<i>All New Team Members</i>	7 & 22	8:00am To 12:30pm	Colony Cottage 510 Colony Blvd.
Public Records & Ethics	Brionez & Brionez	Each of us, as members of the District, are responsible in our positions to be aware of and fully understand what information is protected under Public Records Law, how long to retain certain records, how to handle public records requests and Government Sunshine Laws.	<i>Mandatory for all District Staff. Attendees will be assigned by their department.</i>	Tentative 8	9:00am To 12:00pm	Webinar

- All Community Watch staff:
Contact Sharon Gwin (352-750-8203)
- All Finance staff:
Contact Linda Sojourn (352-753-0421)
- All Recreation staff:
Contact Lory Hatch (352-674-1800)
- All other District staff:
Contact Angela Pattillo, Manager, Training & Instructional Design Angela.Pattillo@DistrictGov.org

Education

Workforce Edge



The Villages®
Community Development Districts
Human Resources



Workforce Edge coming soon!

The District is proud to announce a partnership with Workforce Edge, an online portal, and education marketplace that will help you maximize your tuition assistance benefits. Use it to explore programs that offer significant tuition savings available from a network of leading universities.

Workforce Edge will be available beginning mid-February for eligible employees. More details to follow in the coming weeks.

If you have questions, please contact:

Angela Pattillo
352.674.1905
angela.pattillo@districtgov.org

Tyler Graham - Navy Bound

Tyler Graham has worked at Lake Miona as a Recreation Assistant since June of 2019. Since he started, he has been a team player and has constantly helped out his coworkers and the entire Recreation Department. Residents and coworkers alike are sad to see him go but proud that his next career move will be joining the U.S. Navy with the hopes of getting a position working in Aircraft Maintenance. Good Luck, Tyler!



January Event On The Square ~ Tai Chi

Over 100 residents braved a brisk Tuesday morning to enjoy Tai Chi at Lake Sumter Market Square. Everyone moved gracefully to the gentle music during the hour-long session. Mark your calendar for Recreation & Parks next event on February 8th.



**Running of The Squares 5K
Lake Sumter Landing Market Square**

Nearly 600 entrants ran in the second part of The Running of The Squares at Lake Sumter Landing Market Square on Saturday, January 8th. A couple from Quebec, Canada, registered just 20 minutes before the race and took 1st Place! The final leg of the 5K series will be in April at Spanish Springs Town Square.



December Event On The Square ~ Urban Soul Line Dancing

A large crowd danced and enjoyed December's event at Lake Sumter Landing Market Square presented by Recreation & Parks. Everyone learned four dances matched to tunes like "Dancing in the Street", "All About You", and "Shake a Tail Feather"!



Pictured left to right: *Yajaira Perez, Recreation Supervisor-Resident Lifestyle Events, Pam Henry, Recreation Manager-Lifestyles, Parks & PR & Dawna Dean, Recreation Supervisor-Resident Lifestyle Events.*

Fencing Expo

The Fencing Club had their annual Expo on Monday, January 10th, at the Eisenhower Regional Recreation Complex. The Lightsaber Club performed an exhibition along with a surprise visit from Darth Vader! Kudos to *James Pierce Recreation Facilities Manager, Paul Emberger Facility Specialist, Todd Phillips, Recreation Supervisor.*





Welcome!

TO THE VILLAGES RECREATION & PARKS REGISTRATION PAGE

8 Easy Steps - How To LOGIN On Our NEW Registration Page

- 1 GO TO OUR WEBSITE: DistrictGov.org > Recreation
- 2 CLICK: the REGISTER NOW Button
- 3 CLICK: the SIGN IN | UP Button on our New Registration Page
- 4 CLICK: the FORGOT PASSWORD to reset your password, then ENTER email
- Required to access new site, please allow time to receive your password reset by email
- 5 SIGN IN: with your updated login name/password then read/sign waivers
- 6 CLICK: ACTIVITIES listed at top to search for a specific activity
- In the Activity Search area, click on Activities button for more specific search options
- 7 SELECT: an activity that you would like to register for – it will be added to your shopping cart. Once you have selected the activity, be sure to select the correct name of the registrant and initial the waiver checkbox
- 8 CHECK OUT: items in your shopping cart then follow remaining prompts to complete transaction



If you experience issues logging in, please feel free to contact Recreation Administration or visit one of our AT YOUR SERVICE areas, available at all Regional Recreation Complexes.



FEBRUARY
IS HEART
HEALTH MONTH



Each February, we celebrate American Heart Month by motivating Americans to adopt healthy lifestyles to prevent heart disease. Focusing on your heart health has never been more important. According to the Center for Disease Control and Prevention (CDC) **heart disease is the leading cause of death for men, women, and people of most racial and ethnic groups in the United States.** One person dies every 36 seconds in the United States from cardiovascular disease.

Research shows that we're more successful at meeting personal health goals when we join forces with others. When we take care of our hearts as part of our self-care, we set an example for those around us to do the same.

How to start:

Eat healthy foods: A healthy diet that is low in sodium and saturated fat is key to heart disease prevention.

- ⇒ Eating vegetables, fruits, and whole grains
- ⇒ Eating fish, poultry, beans, nuts, vegetable oils, and fat-free or low-fat dairy products
- ⇒ Limiting foods that are high in saturated fat and sodium
- ⇒ Limiting sugar and other sweeteners.



Move more: Get at least 2½ hours of physical activity each week - that's just 30 minutes a day, 5 days a week. In addition, do muscle strengthening exercises at least 2 days a week. Can't carve out a lot of time in your day? Try 5, 10, or 15 minutes a few times a day. Some physical activity is better than none.

Aim for a healthy weight: Being overweight is hard on your heart. It increases your risk of having heart disease, a stroke, high cholesterol, high blood pressure, and diabetes. Choosing heart-healthy foods and getting regular exercise will help you achieve and maintain a healthy weight.



Quit smoking: The chemicals in tobacco smoke harm your heart and blood vessels in many ways. Quitting is hard, but many people have succeeded, and you can too. Set a quit date and let those close to you know about it. Ask your family and friends for support in your effort. Tip: To keep your hands busy and be with others when you get urges, consider taking an online class for an activity like sewing, knitting, woodworking, art, or music.

Know your numbers: Meet your heart health goals by keeping track of how much you exercise, your blood pressure, your cholesterol numbers - all of which can impact your heart health - and tell your doctor how you're doing. Keeping a log of your blood pressure, weight goals, physical activity, and if you have diabetes, your blood sugars, will help you stay on a heart-healthy track. Visit your physician yearly, even when you are young and healthy.



Reduce stress and improve sleep: Stress can contribute to high blood pressure and other heart risks. Not getting enough sleep or regularly getting poor quality sleep increases the risk of having high blood pressure, heart disease, and other medical conditions. Aim for 7–8 hours of sleep a night. Practicing meditation, being more physically active, doing relaxation therapy, and talking with someone you trust can help you cope with stress and sleep better.

Our Hearts are healthier when we work together. There's a lot we can do to keep our hearts healthy. Even small changes can make a big difference. Best of all, connecting with others makes those efforts more successful. To help prevent heart disease, we need to: move more, follow a healthy eating plan, reduce stress, improve sleep, and quit smoking.

This February, and all of 2022, remember that taking care of your heart, is taking care of you.

Meet your **HR** team



Tanika Clayton-Henry ~ HR Manager

- You can call me for any of your HR questions and if I can't answer your questions I'll be sure to get you the answer or get you to someone who can!
- I have worked in HR for 16 years in total, and 1 year with the District.
- My favorite thing about HR is the team. Everyone works together so well and towards the same goal and mission. Also, I absolutely love interacting with the entire District team.
- I am from Inverness, FL.
- I enjoy spending time with my family and our new addition, our Staffy "Callie".
- My favorite thing about living in Florida is there is so much to do, but has quiet pockets where you can retreat to.
- Fun Fact: I am one octave close to finishing the Diva song from 5th Element!
- My New Year's resolution: Drink more water! And continue to focus on what is good.

Pamela Webb ~ HR Director

- You can call me for any HR questions, I'm always happy to assist.
- I have worked in HR for 17 years.
- My favorite thing about HR is the variety. No two days are ever the same, and I love having the opportunity to learn new things, meet new people, look at issues from multiple perspectives and make recommendations to bring about a positive resolution.
- I am a true native Floridian, and I have lived in Sumter County my entire life.
- I have 8 amazing grandbabies that keep me extremely busy in the evenings and weekends, but I love every minute of it!
- My favorite thing about Florida is that the ocean is close, and I love spending time on our boat fishing for grouper, snapper, mahi, and mackerel.
- Fun Fact: I love making crafts. My grandma introduced me to crafting when I was very little and I consider myself a very talented crafter!
- My New Year's resolution: Slow down, and enjoy the moment.

Terianne Carroll ~ HR Administrator Recruiting

- You can call me for all of your recruiting questions and inquires and any HR questions. I'll get you to the right person.
- I have worked at the District and in HR for 8 years.
- My favorite thing about HR is being there for our employees and our open-door policy.
- I am originally from Massachusetts.
- I enjoy spending time with my husband and 2 wonderful children!
- My favorite thing about Florida is the weather. I don't miss those chilly winters up north!
- Fun Fact: I have moved 15 times as an adult, between 4 states and I can touch my nose with my tongue.
- New Years Resolution: Don't look back on 2021!

Angela Pattillo Training & Instructional Design Manager

- You can call me for all of your training and development needs. As well as audio, video and image editing!
- I have worked in training and Development for 15 years.
- My favorite things about training are managing, analyzing the needs, and developing.
- I was born and spent my first 16 years in Alabama but spent most of my life in New Jersey.
- I enjoy kayaking, camping, and my fur babies, Mya and Bailey.
- My favorite thing about living in Florida is that I can kayak year-round.
- Fun Fact: I still love to play video games!
- My New Year's resolution: Be true to myself.

Gina Carlin ~ HR Technician

- I take care of the new hires, payroll changes and assist in everyday workflow.
- I have worked in HR for 8 months and I have over 20 years of Administrative experience.
- I enjoy being part of a team that wants to help others succeed in the workforce.
- I was born in California, but lived in New Mexico all of my childhood.
- I enjoy spending time with my husband and hanging out with friends.
- My favorite thing about Florida is the scenery.
- Fun Fact: I love making sound effects.
- New Year's resolution: Visit my children and family more.

Angie Ortiz ~ HR Administrator, Benefits

- You can call me about any benefit questions, retirement plans or HR questions.
- I have worked in HR for 18 years.
- My favorite thing about HR is to help employees and to be able to make someone's day!
- I am originally from San Juan, Puerto Rico.
- I enjoy spending time with my dogs, my family and friends.
- My favorite thing about Florida is the perfect weather!
- Fun Fact: I ride a motorcycle and I love it! I'm very handy and do everything from electrical to home improvements and love to decorate.
- New Year's Resolution: Move forward and enjoy every day!

Other fun facts about your HR team: We enjoy; decorating our office for holidays, seasons, birthdays & other celebrations, playing hangman, and breaking out into song from time-to-time. Popcorn is our favorite afternoon snack. We love when our employees stop by to say hi! Hope to see you soon.