

The Villages®

Community Development Districts

November
2021

Hospitality ~ Stewardship ~ Creativity & Innovation ~ Hard Work

Meeting the needs of The Villages community Residents is our primary objective.

PURPOSE To provide and preserve the lifestyle of Florida's Friendliest Hometown.

VISION To be respected as the most responsive and responsible Community Development District.

MISSION To provide responsible and accountable public service that enhances and sustains our community.

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The Best of the Best

Saturday, October 16, 2021, was Boss's Day and I was very fortunate to receive several cards and emails acknowledging this day. I was struck by the saying on one card that really touched me. It stated, "You give your Best and help others to be their Best." This saying was meaningful and had purpose to me as it is so true and in vector alignment with our core values (Hospitality, Stewardship, Innovation & Creativity, and Hard Work). Each of us is accordingly charged with doing our very best for our customer base. We could be serving internal or external customers including the many contractors who provide District services but regardless we need to always strive to do our very best. It is also so important to enable others to be their best as well. Any organization must realize that in order to actualize its fullest potential that its team members need to enable all parts of the team to be their best. You don't have to be a traditional servant leader but there are leaders in every organization that take on an assumptive or informal leadership role. These leaders in part do so as they are positive enablers who make sure that their co-workers can be their best. The responsiveness of our employee team makes us aware that we are a team who recognize these core values and assist others in doing their best. We are a team that builds our co-workers up and assist them when they stumble. A team of individuals all striving toward a common goal. My reflections on a simple greeting card saying that has meaning to me and our team.

*Richard Baier, P.E. LEED AP
District Manager*



**"You give your BEST
and help others
to be their BEST."**



In the Spotlight

TracyAnne Brown
Customer Service
Customer & Administrative Support Representative



Where were you born & raised and went to school?

I was born and raised in the city of Chicago.

What was special about where you are from?

The people and the food.

Hobbies? Favorite activities?

Shopping, dining out and watching the Chicago Cubs and Blackhawks.

Tell us about your family, people in your life (including pets!)

My parents moved down to the Villages in 1999 and I have a brother who lives in Northwest Indiana with his family. My 11-year-old nephew is my pride and joy.

Who has been the most influential person in your life and why?

My Dad. He was a Chicago Police Officer for 30 years.

What's the best advice you have ever received?

Kindness never fails.

Can you tell us about your day-to-day responsibilities?

Assisting Homeowners in person and on the phone with trail fees, IDs and many other questions.

What is the career & training path that led you to the District?

I've spent most of my career in the Construction field as an onsite Project Assistant.

What is your favorite aspect of working for the District?

I enjoy working with the Public.

Favorites



Good Will Hunting

Chicago P.D.

Gibson Steak House



IMMEDIATE JOB OPENINGS

Are you looking for a career change, or know someone who is seeking employment? Our current job openings include:

Budget

Budget Analyst \$51,573.41-\$56,730.75 / Annual

Community Standards

Deed Compliance Officer \$17.04 / HR
Staff Assistant \$15.30 / HR

District Clerk

Assistant to the District Clerk \$15.30 / HR

Public Safety

Fire Inspector \$46,346.46-\$69,177.61 / Annual
Firefighter EMT \$13.04 / HR
Firefighter Paramedic \$17.58 / HR
Public Education Technician \$10.40 / HR

Recreation & Parks

Facility Specialist \$11.07 / HR
Facility Specialist-Fitness @ Ezell \$11.07 / HR
Recreation Assistant \$10.00 / HR
Recreation Assistant-Boats \$10.00 / HR
Recreation Assistant-Softball \$10/00 / HR
Recreation Service Representative \$11.07 / HR

Keep an eye out for emails from Terianne Carroll, HR Administrator, for future openings within the District.

Or use our internal link to apply for internal positions:

[https://www2.appone.com/Search/Search.aspx?](https://www2.appone.com/Search/Search.aspx?Internal=yes&ServerVar=villagescentercommunitydevelopment.appone.com)

[Internal=yes&ServerVar=villagescentercommunitydevelopment.appone.com.](https://www2.appone.com/Search/Search.aspx?Internal=yes&ServerVar=villagescentercommunitydevelopment.appone.com)

If you have questions on job openings or how to apply, please call Terianne at 352-674-1905

or email terianne.carroll@districtgov.org.



District Administration Offices will be closed on Thursday, November 11th in observance of Veteran's Day.

District Administration Offices will be closed on Thursday, November 25th and Friday, November 26th in observance of Thanksgiving.



Welcome TO THE TEAM

Recreation & Parks

Joseph Eytalis
Mary Gessner
Melvin Alexander
Luis Figueroa
Jan Fox
Maysa Schechter
Dennis Schilling
Rebecca Strawhand

Community Watch

Michael Berube
Diann Carter
Patrick Feeny
Kevin Macklen
Marianne Derbyshire
April Elkin
Robert Redmond
David Ryan
Donna Walker
Cylvia Yongjaiyuth

Budget

Billie Garriott

Property Management

Alan Mansel

Public Safety

Samantha Bell
Machel Davis
Richard Glover
Jonathan Gothelf
David Quevedo

Finance

Amanda Kelley
Carol Pitts

Employees On The



Finance

- **Denise Smith** was promoted from Billing & Collection Technician to Accounting Technician.
- **Brandi Ricker** was promoted from Utility Billing Supervisor to Billing & Customer Service Manager.

Customer Service

- **Esta Knipper, Celeste Peloquin, Madge Chapman, Norm Cathell, and Patty Garfield** were promoted from Billing & Collection Technician to Customer & Administrative Support Representative.

Community Watch

- **Derek Dressendorfer and Everett Robinson** transferred from Patrol Driver Substitute to Patrol Driver.
- **Kathleen Herring, John Bastian and Kathryn Bastian** transferred from Gate Attendant Substitute to Gate Attendant.
- **Charles Aquilina** transferred from Patrol Driver Substitute to Gate Attendant.
- **William Scott** transferred from Patrol Driver to Gate Attendant.

Recreation & Parks

- **Richard Titus** was promoted from Recreation Assistant to Facility Specialist.
- **Carmine LaBella** transferred from Gate Attendant to Recreation Assistant-Softball.
- **Jonathan Stoeckle** was promoted from Recreation Service Representative to Recreation Supervisor.



NOVEMBER

BIRTHDAYS

Gail Firestone	1	Recreation & Parks
Margaret Johnson	1	Community Watch
Bryant Rooney	2	Recreation & Parks
Kenneth Blocker	2	Administration
David Luxton	3	Recreation & Parks
Santos Tosado	3	Community Watch
Mary Klein	3	Recreation & Parks
Anne Hochsprung	3	Finance
Suzanne Metelsky	4	Recreation & Parks
Hunter Shumate	4	Public Safety
David Atkinson	4	Public Safety
Andrew Malinosky	5	Recreation & Parks
Melody Searles	5	Community Watch
Dennis Kenngott	5	Community Watch
Bruce Brown	5	Property Management
Jennifer Liunoras	5	Finance
Lora Pike	5	Property Management
Zachary Morreale	5	Public Safety
William Shelly	6	Recreation & Parks
David Showers	6	Community Watch
Karen Babbony	6	Recreation & Parks
Rebecca Perkins	6	Customer Service
Kevin O'Brien	7	Recreation & Parks
Jake Prange	7	Public Safety
James Magee	8	Community Watch
Deborah-Ann Gorzka	8	Recreation & Parks
Jarod Falck	8	Public Safety
James Inderwish	9	Community Watch
Thomas Frigo	9	Community Watch
Kathleen Foltz	9	Recreation & Parks
Clyde Christian	9	Public Safety
Jeffrey Mock	10	Recreation & Parks
Naomi Drouillard	10	Recreation & Parks
Kenneth Shue	11	Recreation & Parks
Gregg Mullens	11	Recreation & Parks
Frederick Lonergan	11	Property Management
Candace Langton	12	Community Watch
Joseph Abel	12	Community Watch
Thomas DeBortoli	12	Community Watch
Luis Marquez	12	Public Safety
Carol Deyle	13	Recreation & Parks
Ginny Mills	13	Recreation & Parks
Howard Wapner	13	Community Watch
Laura Doty	13	Community Watch
Kelly Lambert	13	Finance
Joseph Beddia	14	Community Watch
Joseph Yarborough	14	Recreation & Parks
Gary Sorace	14	Recreation & Parks
John Buchler III	14	Community Watch

Donald Berry	15	Community Watch
Rosangela Baczewski	15	Recreation & Parks
Jeffrey Watson	16	Community Watch
Carrie Duckett	16	Administration
Armani Floran	16	Public Safety
James Houdek	17	Community Watch
Vicky Powell	17	Recreation & Parks
Billie Garriott	17	Budget
Ryan Rushing	17	Public Safety
William Weidle jr	18	Recreation & Parks
Susan Thompson	19	Recreation & Parks
Kathy Tomlinson	19	Community Watch
Juliann Voiles	19	Recreation & Parks
William Burton	20	Community Watch
Michael Davey	20	Community Watch
Edward Meunier	20	Recreation & Parks
Barbara Denza	20	Community Watch
Bart Graham	20	Property Management
Ellis Secola	20	Public Safety
David Levine	21	Community Watch
Dennis Godfrey	21	Recreation & Parks
Roland Mercier	21	Community Watch
Debra LoMonaco	21	Recreation & Parks
Mark LaRock	22	Purchasing
Thomas Earnest	22	Public Safety
Zachariah Maddox	22	Public Safety
Ronald Miller	23	Recreation & Parks
Harry Casey	23	Recreation & Parks
Chad Fisher	23	Property Management
Jason Lopez	23	Public Safety
Kathleen Storey	24	Risk Management
Frank Buzolits	24	Recreation & Parks
Jack Doty	24	Recreation & Parks
Webb Epperson	25	Community Watch
Richard Mayo	25	Community Watch
James Lucas	25	Recreation & Parks
Jason McInturf	25	Public Safety
Nelson Pouliot	26	Recreation & Parks
Goodlow Doust	26	Recreation & Parks
Steven Kendrick	26	Recreation & Parks
Eduardo Villagomez	26	Public Safety
David Souza	27	Recreation & Parks
Philip Deutsch	27	Community Watch
Robert Livingston	28	Community Watch
Carmine LaBella	28	Community Watch
Melvin Stockdale	29	Recreation & Parks
Phillip Roberts	29	Public Safety
David Latus	30	Community Watch

Happy November Anniversary! Thank You For Your Service!

Cynthia Stenerson	11/03/1997	24	Finance	Robert Ward	11/20/2017	4	Recreation & Parks
Alton Bailey	11/13/2000	21	Community Watch	Karen Dalton	11/20/2017	4	Recreation & Parks
Don Neebling	11/11/2003	18	Public Safety	Seth Canter	11/20/2017	4	Recreation & Parks
Patricia Adams	11/11/2004	17	Recreation & Parks	Joy Foco	11/20/2017	4	Recreation & Parks
Pennock Valentine	11/22/2005	16	Community Watch	Stephan Romanchak	11/20/2017	4	Community Watch
Jennifer Liunoras	11/10/2008	13	Finance	John Keegan	11/20/2017	4	Community Watch
Richard Lipski	11/12/2008	13	Recreation & Parks	Charles Kelley	11/05/2018	3	Recreation & Parks
Margo Atherholt	11/10/2010	11	Community Watch	James Farragher	11/05/2018	3	Recreation & Parks
Frank Antonuccio	11/10/2010	11	Community Watch	Gayle Hutton	11/05/2018	3	Recreation & Parks
Margaret Adler	11/10/2010	11	Community Watch	Patricia Hall	11/05/2018	3	Community Watch
Craig Dobert	11/10/2010	11	Community Watch	Linda Jordan	11/19/2018	3	Recreation & Parks
Barbara Alajoki	11/05/2012	9	Recreation & Parks	Robert Schwarz	11/19/2018	3	Recreation & Parks
Kathleen Storey	11/26/2012	9	Risk Management	Linda Moquin	11/19/2018	3	Recreation & Parks
Lois Cannon	11/26/2012	9	Recreation & Parks	Nancy Konz	11/19/2018	3	Recreation & Parks
Dahlann Disher	11/26/2012	9	Recreation & Parks	Allen Colpitts	11/04/2019	2	Recreation & Parks
John Mabus	11/12/2013	8	Community Watch	Kimble Billingsley	11/04/2019	2	Public Safety
James Krysiak	11/12/2013	8	Community Watch	Jeffrey Shuman	11/18/2019	2	Recreation & Parks
Robert Horvath	11/12/2013	8	Community Watch	Mary Kulinski	11/18/2019	2	Community Watch
Richard Silverston	11/12/2013	8	Community Watch	Michael Firkey	11/18/2019	2	Community Watch
Burton Israel	11/12/2013	8	Community Watch	Herschel Wiley	11/18/2019	2	Property Management
Philip Deutsch	11/12/2013	8	Community Watch	Douglas Butz	08/24/2020	1	Recreation & Parks
Thomas Scoville	11/12/2013	8	Community Watch	Milton Strawhand	10/19/2020	1	Recreation & Parks
Terianne Carroll	11/18/2013	8	Human Resources	Richard Rocchio	11/02/2020	1	Recreation & Parks
Stephen Corcoran	11/10/2014	7	Recreation & Parks	Christiane Tomashunas	11/02/2020	1	Community Watch
Pamela Cunningham	11/10/2014	7	Recreation & Parks	Gregory Sherman	11/02/2020	1	Community Watch
Karla Jordan	11/10/2014	7	Community Watch	Sandra Holliday	11/02/2020	1	Community Watch
Margaret Evans	11/02/2015	6	Clerk	Colleen Ford	11/02/2020	1	Community Watch
Hugh Austin	11/09/2015	6	Recreation & Parks	Dana Walker	11/02/2020	1	Community Watch
Ricky Brakley	11/09/2015	6	Recreation & Parks	Alisa Jacoby	11/02/2020	1	Property Management
Therese Green	11/09/2015	6	Recreation & Parks	Frank Lombardi	11/16/2020	1	Customer Service
Leonard Yates	11/09/2015	6	Recreation & Parks	Donna Oates	11/16/2020	1	Customer Service
Carlos Perrone	11/09/2015	6	Recreation & Parks	Roxann Phillips	11/16/2020	1	Recreation & Parks
Esta Knipper	11/14/2016	5	Finance	Melissa Flores	11/16/2020	1	Recreation & Parks
Kevin Foley	11/21/2016	5	Recreation & Parks	Dalton Parker	11/16/2020	1	Executive Golf
Jean Wells	11/21/2016	5	Recreation & Parks	Gerard Lyman	11/16/2020	1	Community Watch
Thomas Chinske	11/21/2016	5	Recreation & Parks	Bruce Brown	11/16/2020	1	Property Management
Herbert Bree	11/21/2016	5	Community Watch	Crystal Ford	11/30/2020	1	Purchasing
Sharon Kryvanis	11/21/2016	5	Public Safety	Karen Meusel	11/30/2020	1	Recreation & Parks
Ronald St Pierre	11/06/2017	4	Community Watch	Gary Beninson	11/30/2020	1	Recreation & Parks
Colton Mattiucci	11/06/2017	4	Public Safety	Jack Winters	11/30/2020	1	Executive Golf
Jason Lopez	11/06/2017	4	Public Safety	Thomas McCormick	11/30/2020	1	Community Watch
Thomas Earnest	11/06/2017	4	Public Safety	Fredie Wilson	11/30/2020	1	Community Watch
Daniel Hayasaka	11/06/2017	4	Public Safety	Curtis Holliday	11/30/2020	1	Community Watch
Kelsey Muller	11/06/2017	4	Public Safety	Charles Jones	11/30/2020	1	Community Watch

Recognizing Our Core Values In Action!

Property Management

Rob Priest, Landscape Supervisor

A resident expressed his gratitude. Rob went above and beyond in handling the resident's concerns and wanted to be sure he got recognized.

Jessi Evans, Landscape Supervisor

A resident called in and stated they were very happy with the results of the shrubs and wanted to give a shot out to both Jessi and the Vendor that was out there.

Justin Sarka, Landscape Supervisor

A resident called in to thank Justin on the outstanding service he provided. The resident mentioned that the cul-de-sac issues were addressed within the hour after a call was placed.

Landscape Team

"I wanted to tell you that your contractor did an amazing job. As a florist, this is absolutely beautiful!. Love the tall flowers and the added dimension it brings. All the plantings are beautiful. But this morning I noticed the difference. I love it!"

"We love those tall pink flowers!"

"We love the different looks of wildflowers, perfect for the natural beauty of Fenney. We love all of the beautiful flowers but the wildflowers were exceptionally beautiful."

"I have often wondered about the name of the person who works so hard with his/her team to keep our neighborhoods beautiful with the planting of seasonal flowers. Now I know who to personally thank. Your ongoing dedication to providing a variety of seasonal flowers is to be admired, not to mention the work of the diligent planters of the flowers. You are an artist in your own right because you know color, design, and texture."

"The flowers are beautiful here in The Villages! No other community in the state is as well maintained. Thank you for your hard and diligent work. This is one of the main reasons we selected here rather than the other 197 places we looked at during our 18 month search for a new home in a pristine neighborhood."

Public Safety

Josh Neebling Public Education Technician

A resident called about Josh. The resident stated that Josh was so kind and courteous as well as being quick and efficient. She was impressed with how well he spoke and feels everyone in the office needs to know how much of an asset he is to our Department! She was very grateful that he was able to assist her with her smoke detectors.



*Hospitality ~ Creativity & Innovation
Stewardship ~ Hard Work*

Community Watch

Nehemiah Wolfe, Community Watch Director Mike Miller, Field Operations Manager

"I am the president of the Gals of the Rio Grande. We have been a club since 1994. We had the privilege, last night, to have Chief Wolfe as our speaker. How great that was! Michael Miller was also at our meeting. I can't begin to tell you how informative they were. They covered every aspect of the services that Community Watch provides to our community. I just want to let you know what an impact they made. More clubs may want to be encouraged to have a meeting like this. I don't think our members realized how many benefits are provided by Community Watch."

Recreation & Parks

Dawn Geiger Recreation Assistant



"Last Friday, my wife and I attended a function at the Paradise Regional Recreation Complex. While our meeting was concluding, the clouds opened up and then a sudden downpour. My wife is confined to a wheelchair, and that's when Dawn took over. She guided us to a convenient location where I could drive our car very close to the building. She also assisted my wife in our vehicle. One of the good things about The Villages is the friendliness and helpfulness of people like Dawn."

John Rohan, Director of Recreation & Parks

"I want to say a huge thank you for all your hard work in the Recreation & Parks department. You make The Villages a better place to live each year. I also wanted to say a belated thanks for everything you did for my husband & I while he was hospitalized and after he passed. Your support meant a lot. I was blessed beyond measure to have him and to live in such a wonderful community. God bless you, your family & your work."


Colony Cottage Staff

"We recently hosted a customer event at Colony Cottage Recreation Center and everything was perfect when we arrived. The manager and three staff members were in and out all night, asking to assist and help with set up. One member even helped us put table cloths on the tables! However, they would not let us help them put the 160 chairs away, take the trash out, or sweep the popcorn mess up. I know our core values and how we teach hospitality in all of our departments in The Villages, but I thought these folks went above and beyond all night, and we couldn't have been more pleased. What a great evening. Please thank them for us! Pictured L to R: **Jim Faragher, Recreation Assistant, Don Jeffrey, Facility Specialist, Michele O'Donnell, Recreation Facilities Manager, & George Rodriguez, Recreation Assistant.**



GRAND Re-Opening!

Join us at Silver Lake Executive Golf Course!

Oct. 28  RIBBON CUTTING 9AM

TEE TIMES STARTING AT 1PM



In celebration, we invite you to join us for the ribbon cutting and to play our newly renovated course. Residents can make requests for afternoon tee times at Silver Lake Executive Golf Course for the reopening day **beginning October 21st.**

Parking is limited for ribbon cutting, golf cars are encouraged.

The Villages
Community Development Districts
Executive Golf

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For More Information call: 352-753-4508 or email: ExecutiveGolfMaintenance@DistrictGov.org

Recreation & Parks

Lake Sumter Line Scenic Cruise

Bring your friends and family and cruise beautiful Lake Sumter on the Lake Sumter Line. Cameras and binoculars are encouraged! Learn about the legendary tales of how Lake Sumter came to be on your 25-minute tour. Find us at the boat dock behind RJ Gators!



LAKE SUMTER LINE
•SCENIC CRUISE•

AVAILABLE DAILY
TICKETS AVAILABLE AT DOCK

1pm - Sunset
For more information, call 352-751-7110 or visit DistrictGov.org
*weather & lake conditions permitting.

The Villages
Recreation & Parks



Emily Andrews, Recreation Facilities Manager, her husband Brad and son Brody welcomed a new addition to their family on September 16th. Welcome baby Brooks!



Cardio Drumming On The Square

Recreation & Parks kicked off their monthly “outside” exercise and fun classes with Cardio Drumming at Lake Sumter Landing Market Square on Tuesday, October 12th. Everyone was smiling while beating to a drum and marching or dancing to the beat. Many didn’t realize they were exercising because they were having so much fun! The events will take place through May; it’s a way to take a trial run on a particular exercise and the opportunity to meet new friends. Pictured on Right from L to R: **Dawna Dean Recreation Supervisor-Resident Lifestyle**, **Yajaira Perez Recreation Supervisor-Resident Lifestyle** & **Lisa Parkyn, Recreation Area Manager**.



Special Visits

Station 44 had a special visit from Jeff and Cindy and their two grandsons, Davin and Kiernan. The boys got to tour the station, meet firefighters and learn about the "Old Girl" engine.



Calling 911 in The Villages

When Should I call 911?

- When you have a medical, fire, or police emergency.

Who answers my 911 call?

- In Florida, all 911 Public Safety Answering Points (PSAP's) must be affiliated with county law enforcement dispatch centers.

But I don't need the police. What if my emergency is medical?

- The county law enforcement office call-taker will ask if your call is for fire, police, or medical. The call-taker will also ask for a location of the emergency. Frequently, the call-taker will ask for the county. For the purposes of 911, it's not The Villages. It's Sumter, Lake or Marion County.

Doesn't the 911 operator know my address when I call?

Why does he/she have to ask?

- If you call 911 from your hard-wired (house) phone, the location of that telephone appears on the call-taker's computer screen. If you call from your cell phone, that information may not be available. The call-taker will always ask for the location of the emergency either to confirm what he/she already sees on the screen or to learn the location from the cell phone caller. As a result, if you're calling from a cell phone, you need to know where you are! Do not hang up when calling from a cell phone. It may take an extra few seconds for the call to hit the cell phone tower. Never hang up on 911. Even if you dialed in error. Stay on the line to let the call-taker know that.

Act of Kindness

On Tuesday September 21st Public Safety came across a disabled motorist in the center lane of S. More Boulevard at the intersection of Meggison Road. They all joined in and pushed the vehicle onto the side road so that traffic could get by and the driver was safe. Thank you to **Lt. John Longacre, Emergency Resource Specialist, Ron Baroni, Lieutenant, Rodney Graham, Firefighter Paramedic-Driver Engineer and Daniel Moore, Firefighter EMT.**



*No act of kindness,
no matter how small,
is ever wasted.*

Community Watch

Hero Among Us



Jim Hurrey has been in the Community Watch family for just over five years. Jim is currently a Gate Attendant at our Shay Gate House off Tarrson Blvd. On October 5th, at about 1:45pm, a female resident who was experiencing a medical situation and was lost and confused, approached the Shay Gate House. Jim came out of the gate house and began speaking to her in attempt to assess the situation. In the meantime, traffic began to back up behind the resident's car. Jim had the resident

pull her car up behind the gate house and out of the traffic lane so that he could try and help her. She was very shaken and scared at this point. Jim called Community Watch Dispatch to alert them of the situation so they could not only get him assistance, but also monitor his activities at the gate via cameras. Jim continued to speak to and comfort the resident until the Lady Lake Police Department arrived. The police department was able to find a relative that could come by and assist in getting the resident home, which happened to be four blocks away. Thanks to Jim and his comforting words and quick actions in getting assistance on the way to his location, a frightened and confused resident was able to be connected with family and brought home.

Finance "In Action"



Pictured in no particular order: Naneki Delorme, Senior Accountant. Staff Accountants: Mary Ellen Bowgren, Jodell Thurgaland, & Mary-Ellen Saylor. Accounting Technicians: Susan Serafini, Denise Smith, Cynthia Siple, Judy Odom, Cheryl Horgan, Lisa Baillargeon, & Jen Cole. Karen Briggs, Project Manager. Jennifer Liunoras, Assistant Director. Brandi Ricker, Billing & Customer Service Manager. Angel Steffani, Sr. Billing & Collection Technician.

District Support

The District was proud to be part of and support National Night out on October 5th. Local law enforcement agencies took part in a parade that made its way through Lake Sumter Landing Market Square. Left picture from L to R: **Bob Sjogren, Public Education Technician, Lt. John Longacre, Emergency Resource Specialist, James Goodworth, Deputy Chief, Don Neebling, Division Chief of Administration, & Kimble Billingsley, Professional Standards Officer.** Right picture: **Mark LaRock, Director of Purchasing.**



Ergonomics in the Work Place

With the recent relocation of offices within the District, we are asking: Are you sitting ergonomically correct at your work station?

What is ergonomics: Ergonomics is the process of designing or arranging workplaces, products and systems so that they fit the people who use them. Ergonomics aims to improve workspaces and environments to minimize risk of injury or harm.

Practicing proper ergonomics daily:

- Reduces Musculoskeletal Disorders
- Reduces Lost Workdays and Restricted Days
- Reduces Worker's Compensation Claims

Ergonomics improves productivity. The best ergonomic solutions will often improve productivity. By designing a job to allow for good posture, less exertion, fewer motions and better heights and reaches, the workstation becomes more efficient. Ergonomics improves quality. Poor ergonomics leads to frustrated and fatigued workers that don't do their best work. When the job task is too physically taxing on the worker, they may not perform their job like they were trained. A comfortable work space can help you feel your best. Give your sitting work area a make-over with this guide to office ergonomics.

If you sit behind a desk for hours at a time, you're not doomed to a career of neck and back pain or sore wrists and fingers. Proper office ergonomics - including correct chair height, adequate equipment spacing and good desk posture - can help you and your joints stay comfortable at work.

1. Chair

Adjust the height of your chair so that your feet rest flat on the floor or on a footrest and your thighs are parallel to the floor. Adjust armrests so your arms gently rest on them with your shoulders relaxed.

2. Key objects

Keep key objects - such as your telephone, stapler or printed materials - close to your body to minimize reaching. Stand up to reach anything that can't be comfortably reached while sitting.

3. Keyboard and mouse

Place your mouse within easy reach and on the same surface as your keyboard. While typing or using your mouse, keep your wrists straight, your upper arms close to your body, and your hands at or slightly below the level of your elbows.

4. Telephone

If you frequently talk on the phone and type or write at the same time, place your phone on speaker or use a headset rather than cradling the phone between your head and neck.

5. Desk

Under the desk, make sure there's clearance for your knees, thighs and feet. If the desk is too high and can't be adjusted, raise your chair. Use a footrest to support your feet as needed.

6. Monitor

Place the monitor directly in front of you, about an arm's length away. The top of the screen should be at or slightly below eye level. The monitor should be directly behind your keyboard. If you wear bifocals, lower the monitor an additional 1 to 2 inches for more comfortable viewing. Place your monitor so that the brightest light source is to the side.

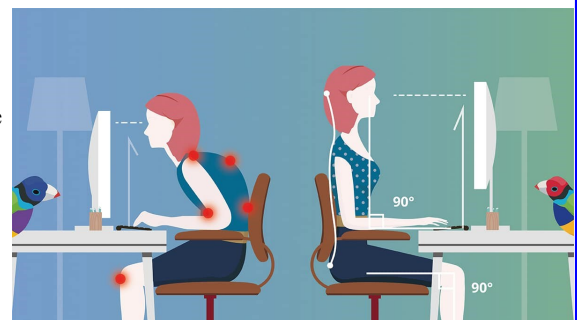
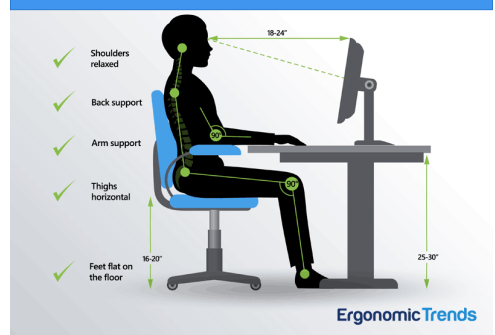
Take a quick break! Stand Up and Move Around.

While it might not seem like it, standing up from your desk and moving around can be considered a form of exercise. It is certainly a lot more desirable to do so than to remain seated for the entirety of the day.

By getting up and walking around for a minute or so you allow your heart to beat a little stronger and your lungs fill up with more oxygen. These two aspects alone will bring several health benefits. You are also improving your circulation, giving the muscles and joints in your legs some well-needed movement, and you are releasing the pressure on your back, especially your spine. You are also giving your eyes a welcome rest from your computer monitor. Follow these tips to ensure comfort, safety, and health while at work.

Source: www.ergo-plus.com

Proper Sitting Posture/ Distances





November 2021

Training & Development Programs
All professional development training workshops
are open to all District Staff members.

Class Title	Instructor	Class Info	Relevant to	Date	Time	Location
New Hire Orientation	Varied District Staff	Welcome to the Team! This class provides new team members with a wide range of topics to help you navigate your first 60 days as a member of the team. Topics covered include District Core Values, Mission Statement, policy & procedures, diversity & inclusion, and safety practices.	<i>All New Team Members</i>	1 15 29	8:00am To 12:30pm	Colony Cottage 510 Colony Blvd.
Public Records & Ethics	Brionez & Brionez	Each of us, as members of the District, are responsible in our positions to be aware of and fully understand what information is protected under Public Records Law, how long to retain certain records, how to handle public records requests and Government Sunshine Laws.	<i>Mandatory for all District Staff. Attendees will be assigned by their department.</i>	14	9:00am To 12:00pm	Webinar

Department Directors should determine which staff members should attend mandatory workshops & notify those individuals so that they can register. Staff members interested in attending a workshop should request approval from their Department Director or immediate Supervisor to attend a workshop.

- **All Community Watch staff:**
Contact Sharon Gwin (352-750-8203)
- **All Recreation staff:**
Contact Lory Hatch (352-674-1800)
- **All Finance staff:**
Contact Linda Sojourn (352-753-0421)
- **All other District staff:**
Contact Angela Pattillo, Manager, Training & Instructional Design Angela.Pattillo@DistrictGov.org

Tell us what you think...

- Has a co-worker helped you out?
- Did someone do something extra special for you that meant a lot?
- Do you really like your work team?
- Does your co-worker/supervisor/director have a positive attitude all the time?
- Do you really like working at The District?

The District wants to hear about it! Send your kudos, praise, and positive comments to Terianne Carroll (Terianne.Carroll@DistrictGov.org) for the next newsletter.
 Lets celebrate one another and the hard work we do every day!

Breast Cancer Awareness Month



Halloween Celebration

