

## PLATFORM TENNIS LESSON PROGRAM: WEEKLY SCHEDULE

Check in 10 minutes before lesson ON COURT April through September classes start at <b>8:00 am</b> . October through March classes start at <b>10:00 am</b> . Sign up preferred, not required							
	MON	TUES	WED	THUR	FRI	SAT	SUN
PT 101 – Intro	SeaBreeze (325) 750-2488 1 <sup>st</sup> and 3 <sup>rd</sup> 4/2, 4/16, 5/7, 5/21, 6/4, 6/18, 7/2, 7/16, 8/6, 8/20, 9/3, 9/17						
PT 102 – Screens					Eisenhower (352) 674-8390 4/13,5/11, 6/8, 7/13, 8/10, 9/14		
PT 103 – Strategies			Rohan (352) 674-8400 4/25, 5/23, 6/27, 7/25, 8/22, 9/26				
Mentored Beginner Play							

### SIGN UP PROCESS FOR THE LESSONS LISTED

Sign ups are not required but are preferred. Lessons subject to change based on peak participation. Residents will be admitted into the class based on first serve availability. There are no classes on holidays.

### DISCLAIMER

Residents are asked to call the location of the class if inclement weather occurs (see Weather Policy). The Recreation Dept. will not cancel these lessons until 30 minutes prior to class (9:30 am). We ask residents to check with the appropriate center for cancellations.

### LESSON DESCRIPTION

**PT 101** – Learn safety, rules, fundamental of game, including stance, grip, forehand and backhand strokes and how to serve. Instructors will have participants playing a game to learn scoring and court positioning. Upon completion of the lesson, participants will have been exposed to the basic aspects of the game and rules.

**PT 102** – Participants will learn how to use the screens: side, back, and corner as well as positioning at the net and in the back court. Prerequisite PT 101.

**PT 103** – Learn strategies involving court positions, shot preparation, prime shot locations, serving and receiving the serve. Prerequisite PT 101 and PT 102 (multiple PT 102 lessons are encouraged)

**Mentored Beginner Play** – No sign-up required. This program is offered only October through March and has members of the Platform Tennis Club present to facilitate game play for beginners. This is ideal for anyone who has completed the PT 101 lesson and wants to practice what they have learned.

Visit [www.tvplatformtennisclub.weebly.com](http://www.tvplatformtennisclub.weebly.com) for updates and info on platform tennis activities in The Villages.