

## PLATFORM TENNIS LESSON PROGRAM: WEEKLY SCHEDULE

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		No Sigirup Required						
Check in 10 minutes before lesson ON COURT.								
October through March classes start at 10:00AM								
April through September classes start at 8:00AM								
	MON	TUES	WED	THUR	FRI	SAT	SUN	
PT101								
					Eisenhower			
					674-8390			
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							Boot Camp	
Org.							2nd and 4th SU	
Beginner Play	Eisenhower		Eisenhower				Rohan	
,	674-8390		674-8390				674-8400	
PT102								
F1102	Dahar							
	Rohan							
	674-8400							
PT103								
			SeaBreeze					
			750-2488					

## SIGN UP PROCESS FOR THE LESSONS LISTED

No Sign-up's required. Subject to change based on peak participation. Residents will be admitted into the class based on first first serve availability.

## DISCLAIMER

Residents are asked to call the location of the class if inclement weather occurs (See Weather Policy). The Recreation Dept. will not cancel these lessons until 30 minutes prior to class. (9:30am). We ask residents to check with the appropriate center for cancellations. **Class Description** Learn safety; Rules; Fundamentals, including stance, grip, forehand and backhand strokes and how to serve; start playing a game to learn court PT 101 positioning.B40 At this stage, you have been exposed to basic aspects of the game and rules. Org. No Sign-up is required. Organized Beginner Play is ideal for any individual who has completed the "PT 101" Class. Members from the Platform Club will Beginner be present to "mentor" players on game play. Play Strokes - Prerequisite PT101 and practiced in serving, returning serves, scoring and handling slower hit balls. Review playing safely, practice basic PT 102 strokes; learn new strokes, block shots, overheads and lobs. Play games while working on position and rules. PT 103 Strategies - Prerequisites PT101 & PT102. Serving and Serve Receiving startegies. Correct court positioning, shot preparation, prime shot locations. **Boot Camp** No Sign-up is required. Drills and Strategy for all levels by Instructors. Rating are offered prior to Boot Camp.

Visit www.platformtennisclub.net for updates on platform tennis activities in The Villages

Revised: 12-22-16